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MDA NEWS



Summer 2018

Volume 4 Number 4

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Maine Dental Association MDA 'Continues Quest For Excellence' at Convention



Above, ADA First District Trustee Dr. Judith Fisch and the MDA's new slate of officers. Bottom row, from left, are Dr. Dean Tourigny, Secretary; Dr. Gary Creisher, Immediate Past President; Dr. Brad Rand, Vice President. Top row, from left, are Dr. David Kerr, Treasurer; Dr. James Koelbl, President-Elect; Dr. Kathryn Horutz, President; and Dr. Fisch. Below right, Dr. Karl Woods receives the 2018 President's Award from Dr. Creisher.

2018 Class Graduates From CDM at UNE

The University of New England College of Dental Medicine graduated 63 students from throughout the US and Canada at its commencement ceremony in May.



Dr. Kathy O'Loughlin, executive director of the American Dental Association, spoke at the ceremony. O'Loughlin is a nationally recognized leader in the health care, nonprofit and education sectors, and she speaks around the country about the profession of dentistry, oral health care delivery, public health policy, dental practitioner mental health and wellness, interprofessional collaboration within

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The Maine Dental Association held its annual convention, "Continuing Our Quest For Excellence," at a new location this year – the Portland Marriott at Sable Oaks in South Portland – on Friday, June 8 and Saturday, June 9.

Dr. Samuel Low, Dr. David Landwehr, and American Dental Association Attorney Cathryn Albrecht all presented at this year's event. Dr. Low's presentation was "Innovative Periodontics: Creating Success in Today's Dental Practice," Dr. Landwehr spoke about "Reliable

(continued on page 7)



MDA Mission Statement:
 To support members in achieving excellence in dentistry

MDA Vision Statement:
 To be leaders in oral health in Maine



From The Executive Director's Desk: Exciting New Changes

Angela Cole Westhoff, MDA Executive Director



It is difficult to believe that July is here, and summer is in full swing! The MDA Annual convention at the Portland Marriott at Sable Oaks in South Portland was a big success. We had more than 320 attendees and 60 exhibitors join us for the convention. The MDA also installed new officers and voted on important matters at the annual business meeting on Saturday, June 9. One of the important agenda items was voting on updates to the MDA by-laws. All proposed changes passed unanimously.



changes proposed in the MDA by-laws revisions. Here are some highlights:

We have added a new allied dental team membership category defined as licensed dental hygienist in good standing in the state of Maine, a dental assistant, a dental laboratory technician, or a dental administrative staff person working or residing in Maine.

Allied dental team members annual dues will be set at \$50, and the application process will roll out in the fall for a membership cycle commencing

January 1, 2019. We are very excited to welcome the dental team members to the MDA, and are building a package of membership benefits to include: discounts on continuing education courses, monthly electronic newsletter specific to dental team members, quarterly lecture series on practice management and related topics, access to endorsed services/product discounts, and much more! Stay tuned for additional information coming out this fall!

In other exciting news, the updated by-laws created two broad umbrella standing committees: the **Committee on Membership Services** and the **Committee on Public Affairs**. Membership Services will include subcommittees on insurance, continuing dental education, peer review/ethics,



You may recall from the meeting notice letter that there were several important

(continued on page 5)

Dr. Michel Couret elected President-Elect of AADC

Dr. Michel Couret, Northeast Delta Dental Chief Dental Officer, was installed as 2018-2019 president-elect at the American Association of Dental Consultants' Annual Spring Workshop, held recently in Scottsdale, Ariz.

Dr. Linda Vidone, Vice President of Clinical Management for Delta Dental of Massachusetts, was installed as president, and Dr. Lawrence Hoffman, of St. Louis, Mo., as secretary/treasurer.

AADC is an organization of dental insurance consultants, administrators, and educators. The association was founded in 1979 to promote the interchange of ideas, to encourage the highest standards in serving the interests of dentistry, plans, patients, and policyholders, and to insure the competency of its members through the certification process. The organization consists of approximately 300 members around the world.

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Eleven years ago, I moved to Maine. I had no money, no connections, and no idea how to run a dental practice. I often think my ignorance is what saved me. I left my pride at home, asked everyone I met scores of questions, made mistakes (some big, painfully expensive ones) and made some of the best friends a person could ask for. The lack of ego and competition and the genuine caring and support of the dental community have been a blessing to me and fostered my need to give back to a profession.

So, what does that mean? To give back to the profession? The Maine Dental Association exists to help its members achieve excellence in dentistry. Now, don't worry - we are not here to check your contacts on posterior composite restorations, or to ensure you got the MB2 canal in #14. I would define "excellence in dentistry" as the ability to be of service to our patients while finding joy and fulfillment in our profession.

Our services to you are divided into two distinct sections. The first is **Membership Services**, which includes committees on Continuing Education; Peer Review/Ethics; Insurance; and the newly created Committee on New Members. Each of these committees is staffed by dedicated volunteers and play important roles to our members. Continuing Education sets the slate of speakers sponsored by the MDA for the package plan and annual convention. Peer Review and Ethics is a great service to our members who are hoping for fair patient mediation. The Insurance Committee plays two

The Maine Dental Association exists to help its members achieve excellence in dentistry. I would define "excellence in dentistry" as the ability to be of service to our patients while finding joy and fulfillment in our profession.

important roles - the first is to investigate and propose products to offer our members. The second is to stay on the frontline of dental insurance products, changes, and legislation that may affect our members. A great example of how the Insurance Committee and the Committee on Government Relations can work together is by addressing the "non-covered services" conundrum that has plagued our profession.

The other section of the MDA focuses on **Public Affairs**, and is composed of the Council on Government Relations and the Political Action Committee. As you know, we are heading into an election year. If you are interested in politics and its impact on dentistry, please consider volunteering for one of these committees. CGR helps

craft legislative bills, find bill sponsors and conversely, testifies and strategizes against bills that we believe are not in the best interest of the public or the profession. PAC helps identify and support candidates in the state house.

We are eager for new ideas and energy to add to the hard work of so many of our dedicated colleagues. If you are interested in serving on any of these committees, please contact myself at khorutz@hotmail.com or our Executive Director Angela Westhoff at awesthoff@medental.org.

Thank you, and I look forward to an exciting year ahead!

2018-2019 MDA Continuing Education Course Offerings - Including Hands-On Courses!

The Maine Dental Association will be offering new hands-on courses at the University of New England, as well as continuing education courses at Togus VA, as part of its Package Plan for dentists and hygienists. You will be able to sign up for individual courses, as well.

Courses will be offered in October, November, and March and April 2019 at Togus. Hands-on courses, which will

be half lecture and half hands-on instruction, will be held in September and December at the University of New England. CE courses will also be offered on May 31 and June 1, 2019, at our Annual Convention at the Harborside Hotel, Spa, and Marina in Bar Harbor.

Be on the lookout for the brochure with details and registration forms!



The American Dental Association announced a new interim policy on opioids in April that supports prescription limits and mandatory continuing education for dentists. The new policy, officially titled "Interim Board Policy on Opioid Prescribing", is one of the first of its kind from a major health professional organization.

In the interim policy, the Association says it supports the following:

- Mandatory continuing education on prescribing opioids and other controlled substances
- Prescribing limits on opioid dosage and duration of no more than seven days for the treatment of acute pain, consistent with the Centers for Disease Control and Prevention's evidence-based guidelines
- Dentists registering with and utilizing prescription drug monitoring programs to promote the appropriate use of opioids and deter misuse and abuse

The ADA Board of Trustees adopted the interim policy after it was drafted and submitted by the ADA Council on Government Affairs during its March meeting. The council also received guidance on crafting the interim policy from the ADA councils on Scientific Affairs, Dental Education and Licensure and Dental Practice.

In 2016, opioids (including prescription opioids, heroin and fentanyl) killed more than 42,000 people – more than any year on record – and 40 percent of those deaths involved a prescription pain reliever, according to the Centers for Disease Control and Prevention.

The White House has made reducing the number of U.S. deaths attributed to opioids a key priority and Congress has followed suit. To date, more than 130 opioid bills have been introduced in Congress since the 115th Congress began in January 2017.

At the national level, the ADA has been pursuing common sense policies to keep opioid pain relievers from harming dental patients and their families. This includes in 2016 successfully lobbying the Comprehensive Addiction and Recovery Act that supports a number of activities to help prevent opioid misuse and abuse. In March of this year, ADA President Dr. Joseph Crowley was part of a select group of health care organization representatives invited to participate in a national opioids summit on the topic.

At the ADA and American Student Dental Association Lobby Day held April 8-10 in Washington, D.C., dentists and students advocated together on dentistry's role in preventing opioid abuse. This policy was a win-win for the ADA and the dental community with U.S. senators and representatives.

The ADA first adopted a policy on opioids and treating dental pain in 2005. That policy was updated in 2016 and includes recommendations for dentists to consider nonsteroidal anti-inflammatory analgesics as the first-line therapy for acute pain management. This ADA policy is supported in the April 2018 Journal of the American Dental Association article, "Benefits and Harms Associated with Analgesic Medications Used in the Management of Acute Dental Pain." In that article, authors from the University of Pittsburgh School of Dental Medicine, the American Dental Association, Case School of Dental Medicine and The Ohio State University examined five systematic reviews that explored the effectiveness and/or adverse events associated with the use of oral medications for acute pain relief. They found, that for adults, a combination of 400 mg of ibuprofen plus 1000 mg of acetaminophen was found to be superior to any opioid-containing medications studied.

Most opioid prescriptions for patients in the U.S. are written by physicians and other medical professionals for management of chronic pain, according to annual research compiled by the IMS Health National Prescription Audit.

The ADA continues to raise professional awareness about opioid prescription abuse, encouraging dentists to complete continuing education on opioid prescribing and addiction recognition, and urging them to register with their state prescription drug monitoring programs. For six years, the ADA has offered free online continuing education courses on safe and effective opioid prescribing for dental pain.

The interim policy has been met with positive feedback from legislators and federal agencies. Adhering to this policy is a win-win for dentists and their patients. Your compliance benefits all! This is a proud moment for the American Dental Association, as we have taken the lead for health professional organizations in establishing this much-needed policy.

Feel free to contact me with any questions or concerns at fischj@ada.org.

Director

(From page 2)

and new dentists recruitment/retention. Public Affairs will include the Subcommittee on Government Relations and the Political Action Committee.

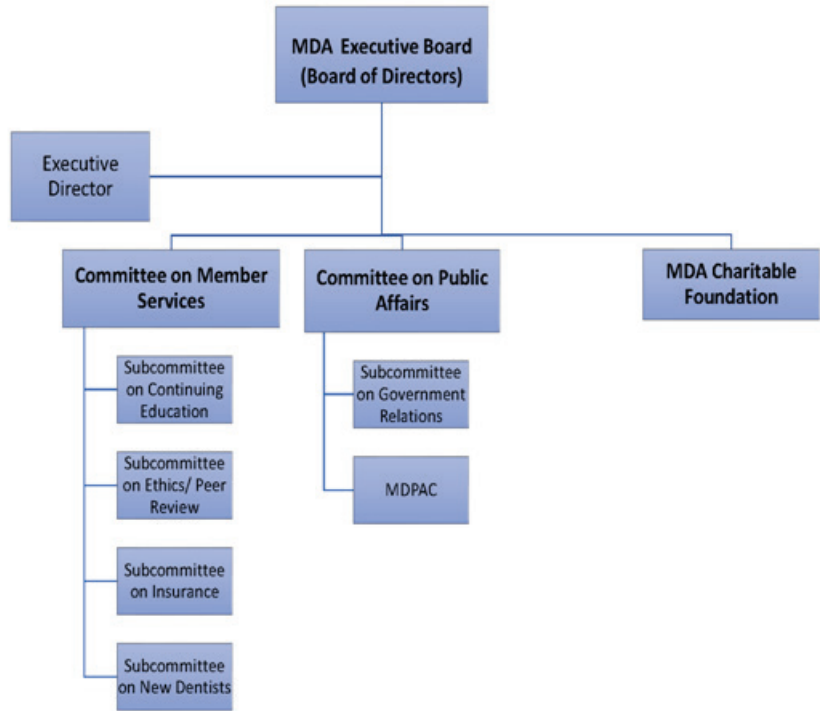
The organizational chart on the right provides a quick visual for how the new committee structure will flow. MDA President Dr. Kathryn Horutz has put out a call for volunteers in her article on page 3. We encourage all members to consider where they might be able to share their time, talent, and treasure in promoting organized dentistry and maintaining our leadership role in oral health in Maine.

Finally, we are about to announce our 2018-2019 Continuing Education Lecture Series and Package Plan details. The CE Committee has worked very hard to bring an exciting lineup of speakers to address topics that were directly requested by the members in our 2018 MDA Membership Survey. We have also listened to your feedback and have added two special courses that

include afternoon hands-on workshops. In addition, we have carefully selected topics and varied the location for the courses to appeal a broader audience of oral health providers. The CE brochure will be mailed out in the very near future, and we hope that you join us for some,

if not all, of the exciting new learning opportunities being offered!

As always, I welcome your feedback. Feel free to contact me at awesthoff@medental.org or at (207) 622-7900. Thank you and enjoy your summer!



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Graduation (From page 1)

health care delivery, and on the need for diversity within the dental profession. She was the first female dental school class president and valedictorian of Tufts University School of Dental Medicine, and is the first female executive director of the ADA.

Doctor of dental medicine degrees and leadership in dental public health certificates were distributed by Dean Dr. Jon Ryder and Executive Associate Dean, and Maine Dental Association Executive Board President-Elect, Dr. James Koelbl.

MDA Executive Board Immediate Past President Dr. Gary Creisher handed out gifts from the MDA to all the graduates, who also received pins from the 2017 class president.

Above, UNE College of Dental Medicine faculty and guests; below left, Jessica Smith receives her degree; below right, Dr. Gary Creisher hands out a gift from the MDA to a graduate.



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GOLF SCRAMBLE AT SABLE OAKS



The Maine Dental Association hosted a golf scramble on June 7 at Sable Oaks Golf Club. A total of 15 teams competed. The Thomas Agency team (at left) came in first place, while two teams from Androscoggin Bank came in second and third. Prizes were also given out for longest drive and closest to the pin, and there was a hole-in-one contest. Thank you to all who participated and all our sponsors that helped make this event a success.



Convention (From page 1)

Endodontic Outcomes: Simplicity Through Efficiency," and Albrecht led a dental student/new member lunch and learn titled "Understanding Employment Agreements."

More than 60 exhibitors were on hand for attendees to visit, and several raffle prizes were given away. Friday included an evening reception for attendees and exhibitors, and on Saturday evening, a reception for dental students was held.

There was also the president's awards dinner Saturday night, where Dr. Karl Woods received the President's Award as recognition for significant and meaningful contributions to the profession. Dr. James Helmkamp and Dr. James Sparaga also were recognized,

as their names were added to the MDA Honor Wall, which recognizes "those who have given extraordinary service to the Maine Dental Association."

Dr. Woods was appreciative of the recognition.

"I was truly surprised and humbled by this honor," Woods said. "I feel blessed to be part of a wonderful and caring profession."

Dr. Sparaga, who has been the chair of the MDA's Peer Review Council for several decades, said he was proud of the committee's work.

"The MDA Peer Review Council offers their years of professional experience to our members, helping to resolve differences of opinions with their patients," Sparaga said.

"As committee chairman, it was my privilege to coordinate their efforts, and it was amazing to see the innovative and competent ways our committee members handled the cases. Bravo to each of them."

Dr. Gary Creisher received a plaque recognizing his time as MDA Executive Board president.

A new slate of MDA Executive Board officers was voted in: Dr. Kathryn Horutz, President; Dr. James Koelbl, President-Elect; Dr. Brad Rand, Vice President; Dr. Dean Tourigny, Secretary; and Dr. David Kerr, Treasurer.

The MDA hosted a golf scramble on June 7 at Sable Oaks Golf Club. The Thomas Agency team came in first place, while two teams from Androscoggin Bank came in second and third.

What You Need To Know When Applying For Practice Finance Loans

By Dan Croft

Head of Healthcare Practice Solutions,
TD Bank

Running a successful dental practice not only involves creating a positive patient experience, but also incorporating innovative financial solutions to keep the business operating smoothly. In order to build patient relationships and grow the practice, it is critical to implement fiscal strategies that will help achieve these goals.

According to an American Dental Trade Association (ADTA) study, access to capital is among the primary factors that determine a dental practice's long-term success. With this in mind, dentists should seek resources for additional capital if they (and their partners, if any) do not have the available funds required to fund their long-term strategic plans.

Like any small business owner, dentists need to be prepared to provide all the necessary financial information that a bank requires when they seek dental practice financing, and should also be aware of any potential barriers to getting credit.

When applying for a practice finance loan from their bank, dentists should consider the following strategies to put them on the path to approval.

According to an American Dental Trade Association (ADTA) study, access to capital is among the primary factors that determine a dental practice's long-term success.

1. Examine your fiscal health:

The first step is to better understand your practice's fiscal health. This includes reviewing key performance indicators such as production and case acceptance, collections, continuing care, schedule optimization and new patient analysis. Evaluating the practice's cash flow, revenue cycle and profitability can help provide a better picture of your financial position so that you can quickly act on business opportunities.

Your personal financial situation also plays a role in getting to yes. When reviewing loan applications, banks typically look at an individual's personal credit report and debt load (assets and income vs. liabilities and personal living expenses) along with the business' revenue and projections.

For new dentists, this can be tricky due

to the significant student loan debt likely acquired during dental school. That is why it is vital to have a clear understanding of the practice's current and future ability to produce revenue, service both personal and business debt, and estimate the practice's customer base. This will help determine if you are eligible for credit, even if you currently have high debt levels.

2. Match financing to your needs:

Practice loans are not one-size-fits-all. Financing should match current and future needs – are you buying or starting up a new practice, updating or enhancing equipment and technology, adding a partner, seeking a line of credit to pay expenses or funding a marketing campaign? Each type of loan or financing carries its own terms, fees, pre-payment options and interest rates, which impacts your ability to pay and how long the loan will last. Along with the type of loan, consider the amount of the loan (is it large enough to cover your needs?) and payment terms (fixed or variable rate, down payment requirement, interest only monthly payment or principal and interest payment, balloon payment at the end of the term), among others.

When looking for a financial partner, a specialized healthcare banker can

(continued on page 9)



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Loans

(Continued from page 8)

provide a broader range of loan options and a streamlined approval and closing process, saving you both time and money. The expertise provided by a specialized lender can help you feel confident that you've obtained the best product to meet your future financial needs.

3. Prepare for your loan application:

Being prepared with required documents when speaking with your banker can help shorten the time from application to approval. Among the

things you'll need to have are two to three years of personal and practice tax returns, profit-and-loss statements and a personal financial statement covering your assets and liabilities.

Additionally, it is vital that you understand your business' unique situation and have a frank conversation with your business partners and advisors about credit, the profitability of the practice, its potential for growth and your shared business goals. Doing this will help prevent last-minute and detrimental questions during the bank review process that can delay the loan application or approval.

Expanding, remodeling, upgrading a practice or purchasing a satellite location can accelerate growth, boost profitability, improve efficiency and enhance the customer experience, all of which frequently requires outside financing.

Conducting a financial wellness review of your practice and a cost-benefit analysis for your loan request, along with collecting all your business and personal financial information in advance, will give you a strategic edge to get your practice finance request approved by a bank and help ensure you get the capital needed to build a successful future.

July JADA: Periodontitis Remains Prevalent in American Adults

By Michelle Manchir
ADA News

An estimated 42 percent of U.S. adults age 30 years or over with one or more teeth have periodontitis, according to the July issue of The Journal of the American Dental Association.

About 7.8 percent of those adults have severe periodontitis. The numbers come as part of the issue's cover story, "Periodontitis in U.S. Adults: National Health and Nutrition Examination Survey 2009-2014," in which researchers examined information from the National Health and Nutrition Examination Survey, which included data related to a full-mouth periodontal examination.

"This national study demonstrates that periodontitis is a highly prevalent oral disease among U.S. adults," said corresponding author of the study, Paul Eke, Ph.D., a senior health scientist and epidemiologist at the Centers for Disease Control and Prevention.

Dental practitioners "should be aware of the high prevalence of periodontitis in U.S. adults, and may provide preventive care and counseling for periodontitis. General dentists who encounter patients with periodontitis may refer these patients to see a periodontist for specialty care," said Dr. Eke.


To read the full study, visit JADA.ADA.org.

Other highlights of the July issue of JADA include an examination of opioid prescription patterns among privately insured dental patients in the U.S.; a look at the prevalence and severity of periodontal disease in a cohort of HIV-positive and -negative methamphetamine users; and a study on the use of potassium oxalate mouthrinse to reduce dentinal hypersensitivity.

Medical Professionals Health Program

This confidential advocacy program is now available to also support Nurses in recovery! The professional compassionate staff is experienced and trained to help nurses understand addiction, the recovery process, and to help them implement strategies for return to safe practice.

If you or someone you know is in need of assistance, please contact us at:
207- 623-9266 mphp@mainemed.com





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ADA Visa Cardholders Can Earn 2x Points on Great-West Financial

By Kimber Solana
ADA News

Association members using the ADA Preferred Rewards Visa from U.S. Bank when making their ADA member's insurance plan premium payments to Great-West Financial will receive double rewards points, ADA Member Advantage announced June 4.

"It's a convenient way for participants in any one of the seven ADA Members Insurance Plans to pay their insurance bill and earn up to 5,000 points each year, equivalent to \$2,500 in eligible net purchases," said Gina Goodreau, director of specialty insurance markets at Great-West Financial.

The ADA member's group insurance portfolio of plans underwritten by Great-West Financial includes life, disability, office overhead expense, hospital indemnity with extended care rider and



critical illness.

"Granting two times bonus points on what is a pretty substantial and important purchase really gives us another opportunity to say thank you," said Kim Wagner, vice president and senior product manager at U.S. Bank. "We believe many members are already using their ADA Preferred Rewards Visa for their premiums, so this gives them the opportunity to earn some extra points and use them for something fun."

The ADA Preferred Rewards Visa, the only card endorsed by ADA Member Advantage, was updated last year with additional member benefits, including the removal of foreign transaction fees and additional opportunities to earn extra reward points.

ADA members already receive double bonus points on purchases made with their endorsing state associations and select ADA Member Advantage companies including Lands' End, AHI Travel, HealthFirst, PBHS websites and others. Members also earn five times bonus points on all purchases made with the ADA, such as the CDT code book, registration for America's Dental Meeting in Honolulu and ADA CE courses.

Reward points are redeemable for gift cards, merchandise, cash back in the form of a statement credit and travel. When redeemed on over 150 airlines with no blackout dates, 25,000 points can buy a ticket valued up to \$450. For more information on the ADA Preferred Rewards Visa card, visit adavisa.com or call 1-888-327-2265 ext. 39495. For information on the ADA members Group Insurance Plans through Great-West Financial, visit insurance.ada.org or call 1-866-607-5330.



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Portland Sea Dogs 2018 Brush & Floss Challenge: You're Up!



The Portland Sea Dogs are looking for children 12 and under, along with dental offices, to participate in the 2018 Brush & Floss Challenge. Participants who successfully complete the challenge will receive a free ticket to a specified Sea Dogs game.

Forms will be given to patients at participating practices. Children will then keep track to show they've brushed twice and flossed

once per day for a week. Parents of patients are being encouraged to monitor their children's progress and send in the completed form.

Each practice that participates in the program will be part of a "welcome" public address message during the four specified Brush & Floss Challenge games.

To register your practice for the challenge, or for more information, call or email John Muzzy, Portland Sea Dogs Account Executive, at 874-9300 or jmuzzy@seadogs.com.

Life is like riding a bicycle. To keep your balance, you must keep moving.
-Albert Einstein

Contributions can be made year round to the MDA Charitable Foundation, P.O. Box 215 Manchester, ME 04351

Visit our website at www.medental.org

The Maine Dental Association expresses its condolences to the families of **Dr. Donald Blackstone, Dr. Walter Crites, and Dr. Robert Nelson**

Keep an eye out for our 2018-2019 Continuing Education Course Brochure, which will be coming in the mail soon!

In the News

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SUDOKU PUZZLE

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Age One Campaign Focus of No Cost August 14 Webinar

From The First Tooth, along with Maine Quality Counts, will be offering a free webinar on August 14, "Integrating Oral Care into Pediatric Practices," which will feature information on From The First Tooth's Age One Campaign.

The webinar is free, and will be offered from noon to 1 p.m. Jeffrey Stone, DO, and Rachel King, DMD, will be the featured speakers. Data and information on the importance of an age one dental visit, along with examples of how to integrate age one messaging into practices, will be presented.

Participants will receive one continuing education credit.

To register, go to mainequalitycounts.org, click on QC Learning Lab, and under Upcoming Events, find the August 14 webinar.

Signing Day Held at UNE's Dental School

The Maine Dental Association partnered with the University of New England to hold a Signing Day event for graduating College of Dental Medicine students in May. ADA Signing Days are held at dental schools all over the country, and are designed to remind the graduates to continue their national, state, and local membership after they graduate, and to congratulate the graduates. Representatives from the MDA and other New England dental societies spoke to the graduates, who received gift bags from the American Dental Association. The MDA also held a raffle for three gift cards. Congratulations again to UNE CDM's class of 2018.

- Minimum 5 years experience
- Be a mentor to the next generation of doctors through our ADA Accredited Residency Program and externship students from UNE
- Full-time, part-time, per diem, and seasonal opportunities are available
- Specialists needed to help expand areas of oral surgery, endodontics, periodontics, and orthodontics
- Loan repayment, relocation assistance, and more!



PCHC is currently hiring staff in General Dentistry & Specialty



Interested? Contact Vanessa Sanderson, PCHC Recruitment Coordinator, at recruitment@pchc.com or **207.404.8015**

Congressional Delegation Contact Information

Rep. Chellie Pingree
(D-District 1)

2162 Rayburn House Office Building
Washington, DC 20515
(202) 225-6116
Website: pingree.house.gov

Rep. Bruce Poliquin
(R-District 2)

1208 Longworth House Office Building
Washington, DC 20515
(202) 224-6306
Website: poliquin.house.gov

Sen. Susan Collins
(Republican)

413 Dirksen Senate Office Building Washington, DC 20510
(202) 224-2523
Website: www.collins.senate.gov

Sen. Angus King
(Independent)

133 Hart Senate Office Building Washington, DC 20510
(202) 224-5344
Website: www.king.senate.gov

Go to websites for Maine office contact information and to email

Waterline Safety Focus of New FDA Webpage

The Food and Drug Administration in June launched a webpage focusing on dental unit waterlines, which includes information about infection control and tips for dental practitioners.

Dental unit waterlines typically cannot be sterilized, according to the FDA, including those that are connected to municipal water sources or closed-bottle systems. Nonetheless, the waterlines "should be routinely cleaned and disinfected," the FDA said.

The webpage provides tips for monitoring water quality and maintaining water lines and recommendations to mitigate the risk of contamination and patient infection.

To access the webpage, go to www.fda.gov, click on the Medical Devices tab, then click on Products and Medical Procedures, click

The page includes information about infection control and tips for dental practitioners.

on Dental Devices, then click on Dental Unit Waterlines.

The webpage links to additional resources, including the ADA's Oral Health Topics page on Dental Unit Waterlines. The ADA webpage features an overview about dental unit waterline cleaning and water quality monitoring, and includes links to helpful resources, including one for guidelines for maintaining dental unit waterlines as part of regular infection control protocols. To find the Oral Health Topics webpage, visit ADA.org.

Classifieds

FULL-TIME DENTIST POSITION

Our office is growing! We are looking for a flexible, personable dentist who can offer quality care to our patients to fill a full-time position available at our well-established practice located in Eliot, ME (only minutes away from some of the beautiful beaches in Maine). Our ideal candidate takes exceptional care of their patients, has a strong work ethic, and is a compassionate and dependable individual with the ability to communicate effectively with patients and fellow staff members. If interested, e-mail janicemgr@comcast.net.

DENTAL AND OFFICE EQUIPMENT FOR SALE

Dental and Office equipment for Sale
Porcelain and glazing ovens; lab sandblaster; Hanau articulates, ear face bow; centrifuge; dental cabinets; filing cabinets; shelving; portable partitions; ethernet switch; printer. Call (207)576-2413, email rilmoges1@icloud.com

GENERAL PRACTICE FOR SALE

Franklin County - GP in desirable location in the Western Lakes and Mountains Region.
4 ops, i/o cameras, digital x-ray, digital PANO, and CAD/CAM Technology. Eaglesoft. Open 4 days/wk with 8 hygiene days/wk. Specialty procedures referred out. Approximately 60% of the practice in network with traditional insurance plans. Highly profitable, with margins approaching 50%. Seller relocating. Real estate available. For details, contact Henry Schein Professional Practice Transitions Consultant Tyler Russell, (617) 447-8760, tyler.russell@henryschein.com. #ME108

Call the MDA at 207-622-7900
Fax 207-622-6210
Email info@medental.org

Have life's challenges got you down?

If use of drugs (including alcohol) or other compulsive behaviors have become a problem for you, help is just a phone call away. The Medical Professionals Health Program can provide you with confidential guidance to help you, a friend or colleague with substance use issues. Please call the number below for assistance or for more information. Eligible professionals include: physicians, physician assistants, dentists, hygienists, denturists, nurses (all licensed), pharmacists and veterinarians.

*** Medical Professionals Health Program
(207) 623-9266 ***

Multi-professional Peer Support Group Meetings

These weekly confidential meetings (Caduceus Groups) are mutual peer support meetings for the health professionals listed above who are experienced with recovery for chemical dependency, addictive behaviors and/or other medical or mental illness, including depression. Please call the contact number listed for more information.

PRESQUE ISLE: Thursday at 7:30PM - Aroostook Medical Center, Nat: (207) 551-2171

BANGOR: Monday at 7PM - Acadia Hospital - Osprey Room, Patti: (480)221-9776

CALAIS: Thursday at 7:15 PM - Surgical Services Office, 15 Palmer St., Dave: (207) 461-8724

FARMINGTON: Tuesday at 5:00 pm - UMF - Education Bldg, Rm 322 Jen: (207) 272-4449 Jack:(207) 578-0232

LEWISTON: Tuesday at 7PM - New Wing St. Mary's Hospital Front Lobby, Julie: (207) 784-2985

PORTLAND: Wednesday at 7PM - Mercy Hospital Level B2 Upper Aud., Don: (207) 651-7008

PORTSMOUTH, NH: Monday at 7:30PM - Portsmouth Ballroom, Laura: (603) 534-2372

Classifieds

INTRAORAL X-RAY SENSOR REPAIR/SALES

Repairs with rapid turnaround. Save thousands over replacement costs. We specialize in Kodak/Carestream, Dexis Platinum, and Gendex sensors. We also buy/sell dental sensors. www.repairsensor.com / 919-229-0483

FQHC DENTIST

Nasson Health Care in Springvale, Maine, is seeking a qualified dentist to work collaboratively with a team of health and administrative professionals to provide direct clinical services in accordance with the highest standards of dental practice. Applicants must have a degree from an accredited school in the U.S., and the ability to obtain an unrestricted license to practice dentistry in Maine. Nasson Health Care is a Federally Qualified Health Center located in an iconic New England village, located in southern York County, less than an hour's drive from Portland, Maine, and Portsmouth, NH. Nasson Health Care is an eligible site for the National Health Service Corps Student Loan Repayment Program. For more information visit www.nassonhealthcare.org or contact Martin Sabol, Director of Health Services, at martin.sabol@nassonhealthcare.org or 207-324-5762.

FULL-TIME PEDIATRIC OR GENERAL DENTIST

St. Apollonia Dental Clinic, a private, nonprofit dental practice serving Aroostook County families since 2012, seeks a full-time pediatric or general dentist. This energetic practice features state-of-the-art dental equipment, an experienced team, well-established patient base, a wonderful community in which to live, a generous compensation package, and NHSC student loan reimbursement. Contact Dr. Desjardins at 122sado@gmail.com or (207) 554-5045.

SEEKING ASSOCIATE DENTIST

General dentistry, family practice, ages 18 months to 97 years old, located in Falmouth, ME, is looking for an associate dentist one day a week. For details, contact gwagner@conversent.net or call (207) 781-4625.

VOLUNTEER/DONATE

Leavitt's Mill Health Center, located in Bar Mills/Buxton, is in need of dental professionals – dentists, hygienists, and dental assistants – interested in providing dental care to patients in need. We have a fully equipped dental suite and have flexible times available for any level of service offered. Leavitt's Mill Health Center is supported totally by donations, and at this time could use an additional high-speed and low-speed handpiece and any unexpired restorative materials. All donations are tax-deductible. Contact Donna Shepard, administrator, at 207-929-6455 or mail@leavittsmill.org.

TMJ DIAGNOSIS & TREATMENT WITH AN ORTHOPEDIC APPROACH

- Diagnosis with thorough exams, in-house CBCT, mounted diagnostic casts, photographs & MRI when indicated
- Written reports by radiologists for all imaging
- Mentors include Dr. Mark Piper, Dr. John Droter & Dr. Jeff Okeson, among others
- Contact Dr. Kerry Bryant, Augusta 207-621-1111

SEEKING PART-TIME ASSOCIATE

Exceptional opportunity! We have an opening in one of our busy Windham, Maine area practices for a part-time associate dentist. Must be motivated, caring, and a team player. We are an established dental practice looking for the right person to join our team. Dentist should have experience in all phases of general dentistry, but more important is a positive attitude and great patient rapport. We are looking for an individual with outstanding clinical and relationship skills to work in our friendly and professional environment. Modern office with new technology and well-trained team. Compensation based on experience. Position available to start as soon as possible. If interested in finding out more about this great opportunity and to live and work in a beautiful and vibrant part of New England, please send cover letter and resume to michael.drbufo@gmail.com or call 207-730-2359.

GENERAL DENTIST

St. Croix Regional Family Health Center in Princeton, Maine has an excellent opportunity for a recent graduate or an experienced general dentist. SCRFHC is Federally Qualified Health Center located in a Health Professional Shortage Area! Our new dental department is state of the art with digital radiography and paperless charting system. We are looking for a highly motivated and personable general dentist who is licensed in the state of Maine. We have a competitive compensation and benefits package. Dentist joining SCRFHC are eligible to apply for NHSC loan repayment! Please send in your resume to Corinne A. LaPlant, Community Health Center, St. Croix Regional Family Health Center, 136 Mill Street, Princeton, ME 04668 Telephone Number: 207-796-5503; Email Address: scrhc.cal@hotmail.com

DENTAL OFFICE BUILDING FOR SALE

Dental office building for sale in Auburn. 2,000 square feet, plus 8 ops. Luxury apartment on upper level. Contact Dr. Robert Limoges, 207-576-2413, rlimoges1@icloud.com.

DENTIST SEEKING PART-TIME POSITION

Pediatric Dentist with thirty+ years experience in private practice, FQHC, and O.R., who loves kids of all ages, especially those with "special needs," is seeking a part-time position (one day per week +/-). Please call "Dr. Linda" at 207-966-2676. Thank you!

SOUTHERN NH ASSOCIATE OPENING

Looking for your dream job? Would you like a better boss and more opportunity? Our practice is growing, and we are looking to add an associate doctor to our team. We are a state-of-the-art, privately owned, multi-doctor practice in Southern NH. If you are an outgoing, positive dentist looking for career satisfaction and continuing education, this is the office for you! For more information, contact us today at Marcey@fdcmilford.com.

ASSOCIATE DENTIST WANTED

Busy general family dental practice located in Cape Elizabeth is looking for an associate dentist one day a week. Must have at least one year experience (residency or private practice). Please email CV to kristen@hightidedental.com.

FQHC GENERAL DENTIST

Fish River Rural Health, a Federally Qualified Health Center with locations in the St. John Valley, is seeking a general dentist to serve at our state-of-the-art Eagle Lake and Madawaska health centers. The clinics offer the latest in dental technology, including electronic dental records and digital x-ray. Our dedicated, compassionate team provides patient-centered care to all ages. The mission of Fish River Rural Health is to provide access to comprehensive primary and preventive care of the highest quality to the underserved population and to improve the health care status of the residents of the upper St. John Valley. Fish River Rural Health is a not-for-profit organization serving rural Northern Maine seeking a mission-driven professional to join our integrated service model. Competitive salary and benefits. Recent dental graduates are welcome to apply. This position is available immediately. Qualified candidates are encouraged to submit a letter of interest and resume to: Fish River Rural Health
Attn: Executive Office
PO Box 309
Eagle Lake, ME 04739

VOLUNTEERS NEEDED

Oasis Free Clinics are seeking volunteer providers for our newly expanded dental program in Brunswick. Help us make a difference by giving of your time at our brand new clinic with two new operatories, digital x-rays and electronic records. We provide free adult dental care to prescreened patients and our staff dental assistant will help make your experience be a positive one. We will help retired dentists with licensing and insurance. To learn more, visit us at www.oasisfreeclinics.org or contact Dr. Rick Elsaesser at rselsaesser@gmail.com.

www.medental.org

The MDA News of the Maine Dental Association is published quarterly by the Central Office in Manchester, Maine, for circulation to members and friends of the Association. Opinions expressed by authors may not represent the official position of the MDA. Publication of an advertisement is not to be interpreted as an endorsement by the MDA unless specifically stated. The MDA News reserves the right to edit all communications. News, inquiries, or comments may be addressed to: MDA News, Maine Dental Association, PO Box 215, Manchester, ME 04351

Phone 207-622-7900 Fax 207-622-6210 E-mail info@medental.org



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Bar Harbor, ME

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