

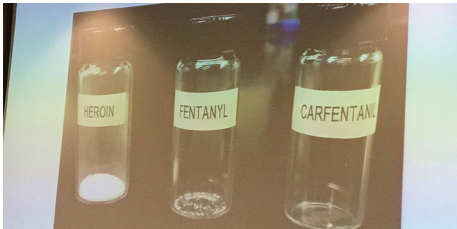
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MDA NEWS



Summer 2017
 Volume 3 Number 4

What's Inside?



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Maine Dental Association Convention marks MDA's 150th



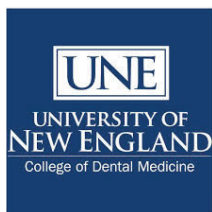
More convention photos on page 7



ADA First District Trustee Dr. Judith Fisch (far left) welcomes the MDA's new slate of officers at the 2017 annual convention. From left are Dr. James Koelbl, Vice President; Dr. David Kerr, Treasurer; Dr. Dean Tourigny, Secretary; Dr. Kathryn Horutz, President-Elect; and Dr. Gary Creisher, President.

UNE dental school graduates first class

On May 20, the UNE College of Dental Medicine held commencement ceremonies for its inaugural graduating



class. Sixty-two students were awarded degrees at UNE's 182nd Commencement Ceremony, held at Portland's Cross Insurance Arena.

Founded in 2013, the College of Dental Medicine is the first dental college in Northern New England. Of the 62 students in the college's initial class, 24 are from Maine, representing more than 20 different towns. The rest hail from 16

(continued on page 6)

The MDA celebrated its 150th anniversary in style at its annual convention, held June 2 and 3 at the Harborside Hotel, Spa, and Marina in Bar Harbor.

The weekend featured two internationally known speakers, Dr. Tieraona Low Dog and Dr. Gordon Christensen, offering all-day courses,

along with Dr. Richard Huot, an MDA past president who presented at a lunch and learn seminar. Nearly 50 exhibitors were on hand for attendees to visit, and several raffle prizes were given away. Friday included an evening reception for attendees and exhibitors, and on Saturday evening, a reception

(continued on page 7)

The Maine Dental Association exists to: improve and maintain the oral and overall health of the people of Maine; serve the dentists of Maine, collectively and individually; and represent the American Dental Association at the state level.



New Executive Leadership: The Power of Asking Questions

Angela Cole Westhoff, MDA Executive Director



It has been nearly three months since I joined the staff of the Maine Dental Association. I enjoyed meeting many of you in Bar Harbor at the Annual Convention last month, and I look forward to meeting many more members over the course of the next year. The feedback from the Annual Convention has been overwhelmingly positive. The change in venue was well-received, and we look forward to continuing to produce high quality, relevant continuing education programs for the membership.

At a recent leadership training, I learned about the power of appreciative inquiry. Appreciative inquiry is a change management approach that focuses on identifying what is working well, analyzing why it is working well, and then doing more of it. The basic tenet of appreciative inquiry is that an organization will grow in whichever direction that people in the organization focus their attention.

With 17 years of nonprofit association management experience, I have learned it is important to approach new situations with an open mind, to ask questions, and to be open to seeing new potential and possibilities. I have begun meeting with a number of key stakeholders in order to collect information, to learn more about the oral health world, and to ask questions ... what is working, what are we doing well, what do we need to focus on more?

The responses vary, but the common theme is that everyone agrees that access to high quality oral health care for Maine residents, including our most vulnerable populations, is critical. From pregnant moms, to children, adults and older adults, oral health is connected to overall physical health and well-being.

The MDA will be reviewing what is working well, what we can expand and build upon, and what we can do differently.

Representing approximately 90 percent of dentists in Maine, the MDA has a 150-year history of advocating for improving and maintaining the oral health of all Maine residents. We have a strong foundation. The association has many dedicated leaders and an evident passion for their work.

The MDA recently completed an ADA-developed capacity assessment, and is underway in developing a strategic plan to build our capacity and address the long-term sustainability of the association.

Many nonprofits across the spectrum are faced with declining membership and fewer resources. The MDA will be reviewing what is working well, what we can expand and build upon, and what we can do differently. One immediate step we have taken is to amend the by-laws to create committees and task forces that we believe will attract new volunteers to become more involved with the association, and will also allow us to be more nimble and responsive to issues as they arise. Additional information and a call for volunteers will be coming in the next few weeks. Watch your email for more information, and please consider getting involved!

Finally, please do not hesitate to contact me to share your thoughts. I would love to hear from you! My email address is awesthoff@medental.org and I look forward to connecting with all of you over the next several months.



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The MDA office will be closed September 4 (Labor Day)

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Wow, 150 years old! The Maine Dental Association is celebrating its 150th anniversary this year - only 47 years younger than the state itself. We received recognition for this milestone from Gov. LePage, and Senators Susan Collins and Angus King. Quite an accomplishment. We've been seen as the leaders and experts in oral health in our state for many years, and it's important that we continue to fill this role.

Thank you to all who attended the annual convention in Bar Harbor this year to celebrate. The meeting was awesome. We received

very positive feedback from vendors and attendees. The location change and speakers were highly praised. The attendance was better than we have seen for years. The presence of the UNE dental students was also very refreshing. I look forward to continuing to work with an amazing Executive

Committee and the Maine Dental Association Executive Board to keep moving in a positive and relevant direction for our members. Our new Executive Director, Angela Westhoff, is enthusiastic about her position and ready to move forward. Thanks to Peter Drews for finding such an amazing individual, and doing it before I took office.

There are many areas that we feel we can better serve our members. Since we've had our hands full in the recent past with mid-level legislation, we've come to be seen primarily as an advocacy group. Currently, the Dental Practice Act is being rewritten. Changes may occur in any area - scope of practice, supervision requirements, licensure requirements, and many other areas are on the table. Input from the MDA and its members is essential. The Council on Government Affairs will con-

tinue to be a busy place to be. Since I became involved with the Board, I've become painfully aware of how decisions made by people outside the profession affect my everyday practice.

Another area of focus will be the local dental societies. In my local society, attendance at meetings is down, and finding someone to serve as president is practically impossible. I've heard this is not uncommon for most of the state. As a Board, we are very concerned. We're looking at ways to revitalize the local societies in today's

busy world. I might be old fashioned, but getting together with peers a few times a year was something I have always looked forward to, and could not be replaced with an occasional phone call or text. The MDA has one of the highest member percentages of any state. Getting those members involved is

our challenge. Sorry for the lecture. I might be preaching to the choir.

On another note, The University of New England's first dental class recently graduated. I was very pleased to have my daughter be a part of that event. She'll be practicing general dentistry just down the hall from my pediatric practice. I will say that watching the ceremony made me remember when I received my dental degree. Funny, it didn't seem like 32 years had passed. I guess time really does fly by when you're having fun. I remember an old "Saturday Night Live" comedy routine where a professional ball player states that "Baseball bin berry, berry good to me." Well, dentistry has been very, very good to me, and I've made a commitment to see that it's very, very good to my daughter and other dentists for generations to come.



Get Ready for 2017-2018 Continuing Education Courses

The MDA will be offering CE courses again at Togus this year, as part of its Package Plan for dentists and hygienists. You will be able to sign up individually, as well. Courses will be offered on these dates at Togus: Sept. 22, Oct. 13, Nov. 17, and Dec. 8, 2017, and April 20, 2018. CE courses will also be offered on June 8 and 9, 2018, at our Annual Convention. Be on the lookout for the brochure with details and registration forms!



This year, the ADA president convened a task force consisting of Board and House members appointed to advise us on whether the Board should have authority over ADA budget approval. Task force members included representatives from states which place budget authority with their board and states which do not. The task force concluded that placing budget authority with the Board of Trustees is in the best interests of the ADA. Based on the recommendations of the task force, expert advice and the growing experience among state societies, the Board will ask the House of Delegates to approve changes shifting budget authority to the Board of Trustees.

This proposal will place the authority to approve the budget on the entity responsible for its implementation and the entity which is directly responsible for the financial stability of the ADA. The Board is responsible for development (with House input) and implementation of the strategic plan, as well as the year-to-year operating plan. Because the budget should flow from these plans (providing the needed resources to implement them), approval of the budget should rest with the entity that is primarily responsible for meeting the strategic plan and operating plan goals and objectives.

With this in place, there will be no need for the Board to “go behind the curtain” (a practice which, fortunately, has become less common in recent years) during the HOD meeting and make hurried budget decisions based on late House action. Instead, the Board will have ample time to carefully address all budget issues after the close of the House and the end of the year and use information gathered from the House to make more thoughtful changes. The proposal will allow all programs to be assessed by the Board in making funding decisions. Currently, any program passed by the House (or created by the Board or councils) in prior years is so assessed. But any programs created by the House in the current year are given a “super priority” and are not subject to such analysis. The Board believes that the distinction between programs created in one year versus another is not a logical one and is a poor foundation on which to base budget decisions.

The Board recognizes the complexities inherent in addressing this issue and has outlined the recommended process.

- The Board will prepare the initial draft budget and submit to the House the same level of information it currently provides (the Board

recognizes that Board Report 2 has evolved over the years and, no doubt, this will continue, but the basic information provided will remain the same).

- The Councils, as committees of the House, will continue to have the same role they currently have in developing the budget. Councils provide essential direction to the ADA divisions in setting priorities. There will be no change in this process.
- The Board will submit to the House its tentative budget and a proposed dues level, consistent with current practice. The Board’s dues proposal will reflect the revenue levels needed to implement the proposed budget.
- The House will retain full control over establishing dues for the coming year.
- The Board will urge the Speaker to retain a budget reference committee (or will arrange an open forum) to allow House members a full opportunity to offer comments on the budget.

The ADA’s auditors have looked at the question of proper placement of budget authority and recommend placement of that authority with the Board of Trustees, for the following reasons:

- The final decision to approve an Association’s budget should reside with the same body that decides the strategic and operating plans in order to align the Association’s goals and objectives with how time and money are to be allocated. Generally, if one body has ultimate accountability over any aspect of management, it is most appropriate for the same body to have control and authority to make decisions over that aspect of management.
- When compared to other similar professional Association (e.g. American Bar Association, American Medical Association, etc.), the Constitution and Bylaws of the ADA appears to be unique in vesting budget approval authority to the House of Delegates.... In the other Associations we reviewed, this authority rested with the Board of Trustees and the House of Delegates was primarily responsible for representing the membership, setting policy, and authorizing the appointment of Board members.

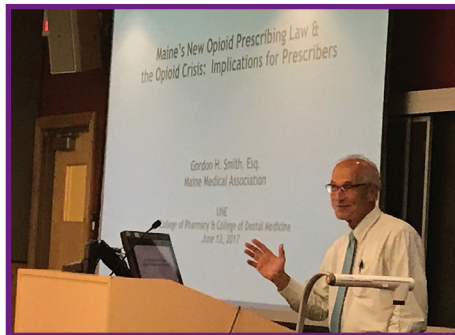
All in all, this is another governance undertaking and time to consider what is best for the organization going forward. As always, feel free to contact me with any questions.

Opioid Training Held at UNE, MDA Planning To Offer More

The MDA sponsored an opioid training course at the University of New England June 13, titled "Opioids in Maine." The course fulfilled the mandatory three credits of continuing education required for dentists by the end of 2017, and every other year after that, as stated in the new Prescription Monitoring Program legislation (Chapter 488).

The MDA is planning on offering three-hour opioid training courses at our office in Manchester in October and December, and will get the word out as soon as those dates are finalized.

The deadline for e-prescribing of all opioids, as part of a new statewide requirement, was July 1. All dentists whose scope of practice includes prescribing opioid medications must do so electronically. The state Department of Health and Human Services instituted a 31-day grace period after July 1, where there would be no penalties regarding e-prescribing. Practitioners can ask for a waiver from the Maine Department of Health and Human Services Office of Substance Abuse, if needed.



Several dozen MDA members, along with University of New England professors and others, attended a MDA-sponsored opioid training course at UNE June 13, titled "Opioids in Maine." Gordon Smith, executive vice president of the Maine Medical Association, was one of the speakers (left). The MDA is working to organize more opioid trainings in October and December.



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Dentists Can Help Detect Tickborne Diseases

From the American Dental Association

Tickborne diseases are on the rise and prevention should be on everyone's minds during the summer, according to the Centers for Disease Control and Prevention.

That includes dentists, too.

"Each year, more than 30,000 cases of Lyme disease are reported nationwide, while studies suggest the actual number of people diagnosed with Lyme disease is more likely about 300,000," according to the CDC website.

Dr. Stacey Van Scoyoc, an Illinois dentist and member of the ADA Council on Dental Practice, said that this summer's



reported uptick in ticks has increased her prevention measures when it comes to her family.

Dentists can help detect possible cases of Lyme disease, according to Dr. Van Scoyoc. "Sometimes the

dental patient may present nonspecific orofacial pain and headaches that can mimic temporomandibular joint pain," she said. "Dentists should consider Lyme disease as a possible cause if a patient presents these or related symptoms and has no specific oral health problem. These patients should be referred to a physician."

According to a 1998 study done by the New Jersey Dental School's University of Medicine and Dentistry titled "Lyme Disease Awareness for the New Jersey Dentist. A Survey of Orofacial and Headache Complaints Associated with Lyme Disease," which was published by the National Center for Biotechnology Information, "Symptoms associated with Lyme disease include headache and facial pain that often mimics dental pathology and temporomandibular disorders. Patients with complaints of vague, non specific dental, facial or head pain, who present with a multisystemic, multitreatment history, are suspect."

For more information on ticks and tickborne diseases, visit the Centers for Disease Control and Prevention website cdc.gov/ticks.



UNE President Dr. Danielle Ripich (above) speaks to members (right) of the university's first College of Dental Medicine graduating class at a hooding ceremony on May 20.



Graduation *(From page 1)*

different states throughout the US, as well as Canada.

MDA Immediate Past President Dr. Peter Drews presented a gift from the MDA to all of the graduates at the College Of Dental Medicine's inaugural hooding ceremony, held

on the Portland campus.

"It was a great privilege to be able to shake each graduate's hand and welcome them to the profession," Drews said. "The MDA and UNE's relationship will only continue to grow."

Autographed Bruins Jersey Winner

Dr. Bill Caddoo was recently selected as the winner of a jersey autographed by Bruins defenseman Zdeno Chara.

Dr. Caddoo's name was picked from those who entered a raffle organized by TD Bank at the MDA's Annual Convention in Bar Harbor.



MDA CONVENTION 2017

Convention

(Continued from page 1)

for participants in the new UNE Mentorship Program was held.

There was also the president's dinner/dance Saturday night, where Patti Bureau, assistant director for the MDA, received the President's Award as recognition for her service to the organization. Dr. Richard McGuckin also was recognized, as his name was added to the MDA Honor Wall. A special anniversary toast was made by American Dental Association President-Elect Dr. Joseph Crowley, who also commended Dr. Peter Drews for his time as MDA Executive Board president.

The MDA staff was gratified by the response they received from attendees.

"The vast majority of the comments we have heard have been overwhelmingly positive, from the courses, to the exhibits, to the events," Executive Director Angela Westhoff said. "We are glad the new venue was a big hit."

A new slate of MDA Executive Board officers was voted in: Dr. Gary Creisher, President; Dr. Kathryn Horutz, President-Elect; Dr. James Koelbl, Vice President; Dr. Dean Tourigny, Secretary; and Dr. David Kerr, Treasurer.

Several items from the MDA's past were on display, along with a number of pieces of dental equipment from bygone days. The association's milestone has been recognized with congratulations from the American Dental Association, members of Maine's congressional delegation, and Gov. Paul LePage, who in a proclamation recognized June 3 as Maine Dental Association 150th Anniversary day in the state.



Former MDA Executive Director Frances Miliano (third from left), along with Past Presidents (from left) Dr. Jonathan Shenkin, Dr. Dean Tourigny, Dr. Karl Woods, Dr. Michelle Mazur-Kary, Dr. Richard Huot, Dr. Lisa Howard, Dr. Barry Saltz, Dr. Joseph Kenneally, Dr. Timothy Oh, and Dr. Jeffrey Dow at the annual Past Presidents Luncheon.



Above left, Dr. Richard McGuckin's name was added to the MDA Honor Wall. Above right, ADA President-Elect Dr. Joseph Crowley leads a toast for the MDA's 150th anniversary. At right, MDA Assistant Director Patti Bureau was recognized with a President's Award from outgoing board President Dr. Peter Drews.



The MDA and the University of New England held a reception that was a kickoff for the Mentorship Program they are collaborating on.

MORE CONVENTION PICS, INCLUDING THOSE FROM OUR PHOTO BOOTH, ARE ON THE MDA'S FACEBOOK PAGE

Legislative Update

Ann Mitchell, Mitchell Tardy Government Affairs



While the biennial budget was signed by the governor in the early morning hours of July 4 ending a three-day state shutdown, the 128th Legislature has not yet adjourned. The Legislature will convene once again during the last week of July to finish its business.

The Appropriations and Financial Affairs Committee was planning to meet on July 12 to determine action on the 130-plus bills with fiscal notes currently on the appropriations table; the Committee will decide whether to fund, carry over to the next session or vote ought not to pass. Among the bills to be considered were:

- **LD 106: An Act To Provide MaineCare Coverage for Dental Services to Adults with Intellectual Disabilities or Autistic Disorder**
- **LD 1287: An Act To Strengthen Efforts To Recruit and Retain Primary Care Professionals and Dentists in Rural and Underserved Areas of the State**
- **LD 1301: An Act To Improve Access to Preventive, Cost-saving Dental Services**

Taxation Committee members are unanimous in their recommendation to the Appropriations Committee that LD 1287 is one of the committee's four funding priorities. This bill extends through 2026 the income tax credit for eligible dentists who practice in underserved areas.

Both LD 106 and LD 1301 are listed as funding priorities by a majority of Health and Human Services Committee members. LD 106 directs the Department of Health and Human Services to extend MaineCare dental services to a person 21 years of age or older who receives services under Chapter 101, MaineCare Benefits Manual, Chapter II, Section 21 or 29. Dental services provided to such a person must be the same as those provided under the MaineCare program to an eligible person under 21 years of age. LD 1301 requires that, beginning October 1, 2017, MaineCare coverage for adult dental services include an annual comprehensive oral examination and preventive services, including prophylaxis, topical fluoride, sealants, oral hygiene instruction, behavior management, and smoking cessation counseling.

The MDA was actively engaged in, or monitored, roughly 35 bills, along with the biennial budget, this legislative session. Of particular note in the last legislative session, Maine's Dental Practice Act was repealed and replaced. The legislation included the following:

Sec. 25. Board of Dental Practice to study the dental practice laws and recommend changes. The Board of Dental Practice, in consultation with interested parties, shall conduct a study of the Maine Revised Statutes, Title 32, chapter 143 and any rules adopted by the board and recommend changes to the scopes of practice of dental practitioners, practice settings and delivery models and any other dental practice issues. The board shall report its recommendations to the joint standing committee

of the Legislature having jurisdiction over labor, commerce, research and economic development matters on or before March 1, 2017. The joint standing committee may report out a bill to the Second Regular Session of the 128th Legislature related to the board's report.

An Ad Hoc Committee began meeting in December; interested parties included MDA representatives, representatives from the dental hygienist, independent practice dental hygienist and public health hygienist communities, as well as representatives from educational institutions. Additionally, MDA personnel monitored all committee meetings. The Legislative Committee granted an extension to the Board of Dental Practice, and the final report was delivered to the Labor Commerce Research and Economic Development Committee at the end of April.

The following are the recommendations included in the Board's Report to the Labor Commerce Research and Economic Development Committee. The report in its entirety may be viewed online.

BOARD RECOMMENDATIONS

This report identifies the following recommendations and/or actions for further review:

- 1) Statutory changes (**Appendix 6**)
 - a. Licensing provisions
 - i. Eliminate externship registration
 - ii. Eliminate charitable dentist license, clinical dentist educator license
 - iii. Add a visiting dentist license category
 - iv. Add denturist trainee permit (provisional permit
 - v. Revise IPDH requirements such that dental hygienists must complete 2,000 regardless of dental hygiene education level
 - b. Scopes of practice provisions
 - i. Amend dental hygiene scope to eliminate list of procedures already duplicated under delegated duties
 - ii. Amend dental hygiene scope to show principles of practice, not list of authorized procedures (**Appendix 7**)
 - iii. Amend dental hygiene scope to include application of sealants and remove dentist determination
 - iv. Amend expanded function dental assisting scope to eliminate list of procedures already duplicated under delegated duties
 - v. Amend scope of IPDH to supervise dental radiographers
- 2) Board rulemaking proposed changes
 - a. Chapter 2 – remove public health notification; screening requirements
 - b. Identify standards that apply to all dental providers such as coordination of care, infection control, ionizing radiation control, recordkeeping, informed consent, etc.

(continued on page 9)

Legislative Update (From page 8)

c. Identify minimum certification/training requirements when delegating duties to unlicensed persons
d. Chapter 1 – revisit teledentistry definition

3) Issues for further review/discussion

a. Sunrise review

i. regulation of dental assistants

ii. expansion of dental hygiene scope of practice to

include nitrous oxide and/or local anesthesia

iii. expansion of dentist scope of practice to

include use of Botox and dermal fillers (non-dentally related procedures)

iv. delegation authority of dental hygienists, denturists

b. Alternative pathways for foreign trained applicants

c. Remove requirement to be licensed in another

state/province to qualify for faculty license

d. Clarify regulation of teeth whitening; present in

denturist scope but not others

e. Consider supervision exemption language for

volunteering services for certain procedures

We expect to spend a significant amount of time with LCRED Committee members and other stakeholders as the committee begins its work on a bill to implement further changes to Maine's Dental Practice Act. A special thank you to the Council on Government Relations and dentists from across the state who provided guidance and testimony on legislation important to MDA members!

Caring Hands of Maine Holds Week of Dental Clinics



Caring Hands of Maine Dental Center, along with a group of volunteers from UConn, University of Maine at Augusta, and the University of New England, held its seventh annual Give Kids a Smile charity day on Sunday, June 4. The center then offered clinics in the days following, during its annual Aroostook County Outreach Week.

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A photograph of a middle-aged man with grey hair, smiling broadly. He is wearing a purple V-neck sweater over a white collared shirt. He is holding a bunch of fresh vegetables, including red tomatoes and green leafy vegetables, in front of him. The background is a blurred kitchen setting with a window and a countertop.

smile

by alex

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Improving Oral Health of Pregnant Women and Through the Lifespan

Before The First Tooth Advisory Committee, including Dr. Rachel King, DDS, and Dr. Wendy Alpaugh, DMD

Preventing oral disease is the ideal. That is why Before the First Tooth (BTFT) was developed by the pediatric oral health initiative From the First Tooth (FTFT). Over the last nine years, FTFT has trained family medicine practices and staff to integrate oral health evaluations into well child visits, including application of fluoride varnish to young children's teeth. FTFT has been an effective program linking oral health with overall health in the minds of medical health professionals and families. This understanding leads to improved utilization of professional oral health care as routine, rather than crisis-oriented.

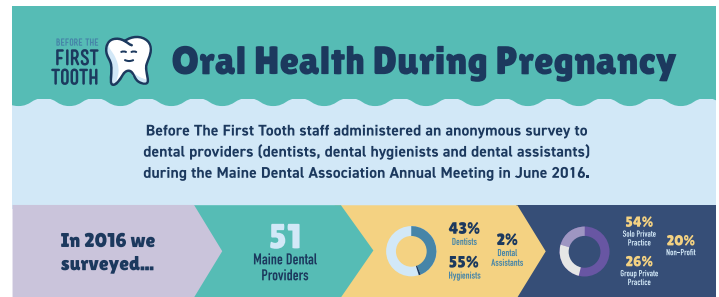
Recognizing that starting by age 1 could be too late, BTFT takes a step back, trying to prevent disease in the mother before it has a chance to start or be transmitted to the child. The BTFT Quality Improvement Initiative aims to improve the oral health of pregnant women and infants through education, collaboration and the integration of oral health into prenatal care. Obstetricians, health care providers, dentists and trusted community organizations are partnering with the BTFT initiative to work with their pregnant patients and their team about the safety and importance of oral health care during pregnancy.

About a year ago, BTFT surveyed oral health professionals at the Maine Dental Association Annual Convention. Ninety eight

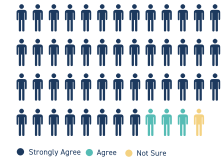
percent of providers agreed women should receive preventive dental care during pregnancy. There were, however, several areas where Maine dentists and dental hygienists' opinions did not coincide with what is now considered the standard of care as described in the National Consensus Statement (NCS) on "Oral Health During Pregnancy." According to the NCS Summary, accessible at <http://www.fromthefirsttooth.org/wp-content/uploads/2016/04/OralHealthPregnancyConsensus.pdf>, "oral health care, including use of radiographs, pain medication, and local anesthesia, is safe throughout pregnancy."

Some key points are:

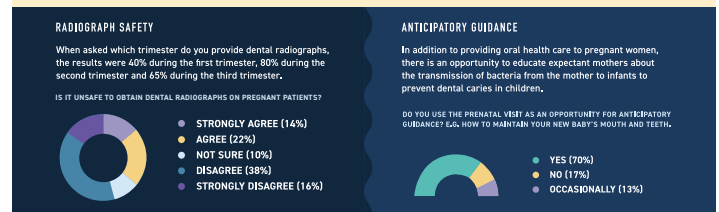
- As with every patient, radiographs should be taken "to evaluate and definitively diagnose oral diseases and conditions when clinically indicated."
- Many pharmaceutical agents can safely be used for a pregnant woman. A convenient chart is available within the Consensus Statement, which includes indications, contraindications and special indications, and is handy chairside
- Positioning the patient appropriately will reduce concerns about syncopal events.
- "Oral health is an important component of a healthy pregnancy." (the Oral Health During Pregnancy National Consensus Statement)



98% of providers agreed women should receive preventive dental care during pregnancy.



Preventive, diagnostic and restorative dental treatment is safe throughout pregnancy and is an important component of a healthy pregnancy. Health Professionals often do not provide oral health care to pregnant women. Let's change that.



In your opinion, are there any other restrictions on treating a pregnant woman?



- Take them case by case and consult with an OB provider if needed and don't do anything that can safely wait until after the pregnancy
- Patient comfort and risk of syncope
- Check their medical history as with any patients
- Call MD prior to treatment
- Try not to take x-rays until after the pregnancy unless for an emergency
- For most patients who are pregnant, will wait until after birth for routine radiographs
- Pregnant women should refrain from any procedures that are not necessary with the exception of preventive medication

Visit BEFORETHEFIRSTTOOTH.ORG for more information.

This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS), grant number: 1H39CE000814. Opportunities, policies and procedures are those of the author and should not be construed as official policies or positions of the U.S. Government.



- Pregnancy is a time when most women want the best for their child. Anticipating this opportunity, you can provide guidance to establish preventive health habits and education toward healthy choices.

help start a new generation with the gift of good oral and overall health!

To access resources and find out more about the Before the First Tooth initiative, go to beforethefirsttooth.org.

Always remember, when you treat a pregnant woman, you are treating two individuals. Helping the mother to have good oral health will set the stage for a healthy baby who may be a future patient for you. As we all know, oral disease is very preventable. This is a great chance to

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Anne Graham, American Cancer Society

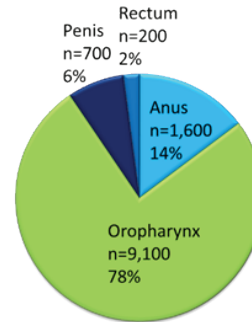
As dentists and oral health professionals, you know how devastating oral pharyngeal cancers can be. Statistics tell us that 70 percent of oral pharyngeal cancers are caused by human papillomavirus (HPV). We have a vaccine that prevents most HPV-related cancers in men and women, and you can play a role in cancer prevention today by recommending that pre-teens and teens receive the HPV vaccine at their primary care provider or clinic.

In Maine, the oral pharyngeal cancer rate is 18.5 per 100,000 for men, compared to 17.1 in the US, and in women, 6.5 per 100,000 in Maine, and 6.3 per 100,000 in the US (*State vs. U.S. HPV-Associated Cancer Incidence per 100,000 Population (2009-2013)2*).

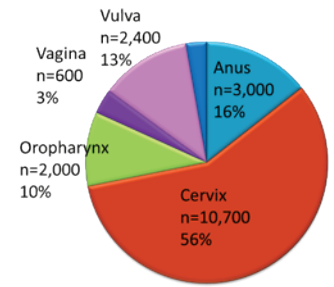
81 percent of HPV-associated cancer cases diagnosed each year could be prevented by HPV vaccination. That includes oral pharyngeal cancers.

We need your help to prevent cancer. Having a flyer or poster that lets families know that you think HPV vaccination is important to prevent cancer would be very helpful. The suggestion to vaccinate for HPV from a trusted professional makes a difference in our fight against HPV-related cancers. The American Cancer Society (ACS) of Maine and the Maine

HPV-RELATED CANCERS NATIONWIDE



Men (n=11,600)



Women (n=19,200)

CDC, United States Cancer Statistics, (USCS) 2012-2014

Immunization Program (MIP) have materials that can be easily displayed to remind pre-teens and teens to receive the HPV vaccine from their primary care provider. Please let us know if you would like materials for your office.

The American Cancer Society contact email is anne.graham@caner.org.

Thank you for helping us prevent cancer and promoting positive oral health for your patients.

Contributions can be made year round to the MDA Charitable Foundation, P.O. Box 215 Manchester, ME 04351

In the News

Keep an eye out for our 2017-2018 continuing education brochure, coming out soon!

HELLO

New Members

SUDOKU PUZZLE

3			2	5	8			4
	7							6
				9				
1								6
5		8		3		7		1
9								2
				4				
	4							3
2			3	7	9			5

(c) www.sudokuprintables.org

Dr. Terri Bell
1048 Union St
Bangor, ME 04401
O=207-992-2152

Dr. Paola Melissa Hamel
Falmouth, ME 04105

Dr. Jeffrey Sloan
60 Lowell St
Rumford, ME 04276
O=207-369-3600

Dr. Joseph Dumont
98 Silver St
Waterville, ME 04901
O=207-873-2073

Dr. Rachel Taddeo
163 Van Buren Road
Caribou, ME 04736

Dr. Jason Hamel
16 Main St
Gray, ME 04039
O=207-657-5440

Visit our website at www.medental.org

The MDA expresses condolences to the family of Dr. William Mouradian.

MDA Talks Oral Health Care at Old Town Middle School Fair



The MDA was happy to see all the smiling faces and to take part in the health, wellness and safety fair at Leonard Middle School in Old Town in June.

Drews Takes Part in Pride L-A Maine's festival in Lewiston



MDA Immediate Past President Dr. Peter Drews took part in Pride L-A Maine's festival recently, and even got a chance to hit state Sen. Nate Libby in the face with a pie.



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EPA Reinstates Final Rule on Amalgam Separators

The Environmental Protection Agency June 9 issued a final rule governing the management of dental amalgam discharges into sewer systems.

In December 2016, the EPA issued a final rule requiring most dental offices

nationwide to install amalgam separators, but withdrew the rule following the White House's Jan. 20 memorandum ordering federal agencies to freeze all new or pending regulations. The rule became effective July 14 and compliance for most dentists will be July 14, 2020.

The ADA commended the agency for what it considers "a fair and reasonable approach to the management of dental amalgam waste."

For more information, visit ADA.org/RecycleAmalgam.

Classifieds

INDEPENDENT DENTAL HYGIENE PRACTICE

Exceptional practice opportunity for an IPDH. OR a great opportunity for a new doctor to excel their career quickly with a well-established, profitable hygiene department. Great location, geographically and accessibly. Modern office tastefully decorated. There is an abundance of potential - growth, expansion. For more information, provision of a confidential agreement, pre-qualified financing, and resume to be provided. Potential buyers email pollobicho@yahoo.com.

CONSIDERING BUYING A PRACTICE

Experienced dentist looking for an opportunity to buy a dental practice from someone who is winding down or planning to move. I have 10+ years experience. Looking in the southern part of Maine. Contact sopodentist@gmail.com.

GENERAL DENTIST

The Waterville Community Dental Center is seeking a general dentist (DDS/DMD) to join our talented staff of dedicated professionals. We are a stand-alone nonprofit dental center located in the heart of vibrant, arts-focused Waterville, ME. The Center is a state-of-the-art facility that provides a full range of oral health services to the residents of the Central Maine area. Full or part-time options are available. Possibility for tax-free loan repayment up to \$25,000 per year. To learn more about us, please visit www.communitydental.org. To apply for this position, please submit a cover letter and resume/CV to communitydentalcenter@yahoo.com.

www.medental.org

GENERAL PRACTICE FOR SALE

Kennebec County, ME - Exceptional GP with quality of life component close to I-95. 5 op practice GR \$775k/4 days per week, 47 percent profit margin. Practice averages 12-15 new patients per month. Please contact Henry Schein Professional Practice Transitions Consultant Tyler Russell, 617-447-8760, tyler.russell@henryschein.com. #ME106

BUILDING FOR SALE OR LEASE

Building for sale or lease. 5,000 square feet, with 4,250 square feet available as separate suite. Could be subdivided. High-grade finish for dental use. Excellent location, parking, access. Approved for 4,800 square foot addition, if required. Please contact Dan Armstrong at (207) 772-1996 for more information.

GENERAL PRACTICE FOR SALE

Maine- Coastal, South of Portland General Dental Practice for Sale

General dental practice for sale - lots of potential! 4 operatories, completely digital and paperless. Standalone building with ample parking. Real estate also available. Excellent opportunity. All inquiries will be strictly confidential. Please email portlandmd@gmail.com for more information.

SEEKING POSITION IN PRACTICE/ EDUCATION/ADMINISTRATION

Seeking position practicing dentistry, education or administration. 30+ years practice experience, 8 years education experience. I am looking for a job I can love. I have my MAGD and AAACD. I have held leadership positions in several organizations. Email drediliamarshall@gmail.com or go to www.youtube.com/c/ediliamarshallIDMDMAGDAAACD.



SELLING WELL-ESTABLISHED PRACTICE

A 40-year old dental practice in a pristine wilderness setting unequalled in the lower forty-eight. We cannot claim to be in heaven, but if you get on the roof you can see it from here. Fort Kent is either the beginning or the end of U.S. Route 1 depending on which direction you are heading. Available in our area are extreme outdoor activities which include, thousands of miles of well groomed snowmobile and ATV trails, downhill and cross country skiing-International Biathlon venue, ultimate hunting and fishing and the best golfing. These are just to name a few. Fort Kent's educational experience from elementary to college can be completed within half a mile of each other. This is a beautiful area to have a practice, live your life and raise a family. Please call if interested: 207.834.3907

DENTIST SEEKING PART-TIME POSITION

Pediatric Dentist with thirty+ years experience in private practice, FQHC, and O.R., who loves kids of all ages, especially those with "special needs," is seeking a part-time position (one day per week +/-). Please call "Dr. Linda" at 207-966-2676. Thank you!

Have life's challenges got you down?

If use of drugs (including alcohol) or other compulsive behaviors have become a problem for you, help is just a phone call away. The Medical Professionals Health Program can provide you with confidential guidance to help you, a friend or colleague with substance use issues. Please call the number below for assistance or for more information. Eligible professionals include: physicians, physician assistants, dentists, hygienists, denturists, nurses (all licensed), pharmacists and veterinarians.

*** Medical Professionals Health Program
(207) 623-9266 ***

Multi-professional Peer Support Group Meetings

These weekly confidential meetings (Caduceus Groups) are mutual peer support meetings for the health professionals listed above who are experienced with recovery for chemical dependency, addictive behaviors and/or other medical or mental illness, including depression. Please call the contact number listed for more information.

PRESQUE ISLE: Thursday at 7:30PM - Aroostook Medical Center, Nat: (207) 551-2171

BANGOR: Monday at 7PM - Acadia Hospital - Osprey Room, Patti: (480)221-9776

CALAIS: Thursday at 7:15 PM - Surgical Services Office, 15 Palmer St., Dave: (207) 461-8724

FARMINGTON: Tuesday at 5:00 pm - UMF - Education Bldg, Rm 322 Jen: (207) 272-4449 Jack:(207) 578-0232

LEWISTON: Tuesday at 7PM - New Wing St .Mary's Hospital Front Lobby, Julie: (207) 784-2985

PORTLAND: Wednesday at 7PM - Mercy Hospital Level B2 Upper Aud., Don: (207) 651-7008

PORTSMOUTH, NH: Monday at 7:30PM - Portsmouth Ballroom, Laura: (603) 534-2372

Classifieds

FQHC GENERAL DENTIST

Strong Area Dental Center seeks a general dentist within a FQHC established in 1986. The dental practice is equipped with the latest dental equipment, including digital radiography, chair-side computer charting and intraoral imaging. Receive competitive salary, benefits, malpractice, pension plan and loan-repayment eligibility. Communications@HealthReach.org | www.StrongCHC.org.

ASSOCIATE DENTIST SOUGHT

Stillwater Dental Associates is a large general practice that has served Maine families for over 40 years. With over 10 treatment rooms and 20-plus employees, we are one of the largest practices in New England. We are seeking a dental associate who not only offers clinical excellence, but who loves people and is able to work effectively with all age groups. Many of our employees have worked together for over 15 years, so our teams have not only learned how to work effectively together, but truly care about each other and our patients. As a result, our patients often state they feel like part of the family. We are open 7:30 a.m. to 4:30 p.m., Monday through Thursday, with five hygiene rooms and 5 treatment rooms shared by three dentists, allowing excellent treatment flow. We utilize Dentrax software and Dexis digital radiography, and we are equipped to provide a wide array of dental services, including Cerec crowns, implants and implant crowns, Invisalign clear aligners, crown and bridge, root canals, and dentures, as well as the other customary restorative services. Pay is commission-based, with excellent earning potential, due to being such a large, established practice. Recent dental graduates are welcome to apply. Confidentiality will be honored. Please email cover letter and resume or CV to carole.sda@gmail.com, or mail to: Carole Bailey, HR Manager, 8 Penn Plaza, Bangor, ME 04401.

ASSOCIATE POSITION AVAILABLE

Great opportunity for a skilled associate dentist to join our office - 30 minutes outside of Portland - and availability to cover a second satellite location - 50 minutes from Portland/30 minutes from North Conway, NH - 4-5 days per week available.

Must be self-motivated, and have excellent clinical and communication skills - full schedule immediately, high income potential!

Our contact email is sacopeedental@gmail.com.

DENTAL INSTRUMENTS FOR SALE

Dental instruments for sale: endodontic suite; surgical suite; Cavitron Prophyl Jet and inserts. Contact nicholas.armellino@gmail.com.

INTRAORAL X-RAY SENSOR REPAIR

We specialize in repairing Kodak/Carestream, Dexis Platinum, Gendex GXS 700 and Schick CDR sensors. Repair and save thousands over replacement cost. We also buy and sell dental sensors. www.RepairSensor.com/919-924-8559

GENERAL DENTIST OPPORTUNITY

General dentist position in Farmington and Rumford, Maine. Community Dental provides a full-range of comprehensive, accessible health care to children and adults in five dental health centers throughout Maine. This is a full-time opportunity providing coverage in our Farmington and Rumford centers, located in the foothills of the White Mountains, a major summer and winter destination spot with all-season recreational opportunities. The centers have state-of-the-art facilities, including digital radiography and electronic patient records. We work closely with community partners to link people with needed services, and our staff and programs reflect our philosophy that every patient deserves the best care available. Competitive salary and generous benefits program. Loan-repayment programs available. Maine license required. Residency completion and/or practice experience highly desired. Contact janet.adams@communitydentalmaine.com. Telephone - (207) 363-9870.

FULL-TIME ASSOCIATE DENTIST

Full Time Dentist Position in Wilton, Maine

Position: Full-time associate dentist needed in busy western Maine office. Excellent staff, amazing patients, and the latest in digital dentistry. Over 30 new patients per month. Excellent income and benefits, including sign on/relocation bonus. Visa and green card sponsorship available. Please email carlsheline@gmail.com or call 330-651-2265 today for more details.

Location:
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Wilton, Maine 04294

Enjoy the great quality of life and low cost of living in the great state of Maine!

VOLUNTEER/DONATE

Leavitt's Mill Health Center, located in Bar Mills/Buxton, is in need of dental professionals - dentists, hygienists, and dental assistants - interested in providing dental care to patients in need. We have a fully equipped dental suite and have flexible times available for any level of service offered. Leavitt's Mill Health Center is supported totally by donations, and at this time could use an additional high-speed and low-speed handpiece and any unexpired restorative materials. All donations are tax-deductible. Contact Donna Shepard, administrator, at 207-929-6455 or mail@leavittsmill.org.

TMJ DIAGNOSIS & TREATMENT

WITH AN ORTHOPEDIC APPROACH

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- Written reports by radiologists for all imaging
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- Contact Dr. Kerry Bryant, Augusta 207-621-1111

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Need temporary dental coverage? Licensed dentist(s) with malpractice coverage to cover your office for vacation, disability/maternity leave, or just seasonal overflow.

Keep your overhead down by maintaining a dentist in your office at all times. In-office operations consulting also available, either during or separate from clinic time.

Email drhuot@militarydentist.com for details.

GENERAL DENTIST

St. Croix Regional Family Health Center in Princeton, Maine has an excellent opportunity for a recent graduate or an experienced general dentist. SCRfHC is Federally Qualified Health Center located in a Health Professional Shortage Area! Our new dental department is state of the art with digital radiography and paperless charting system. We are looking for a highly motivated and personable general dentist who is licensed in the state of Maine. We have a competitive compensation and benefits package. Dentist joining SCRfHC are eligible to apply for NHSC loan repayment! Please send in your resume to Corinne A. LaPlant, Community Health Center, St. Croix Regional Family Health Center, 136 Mill Street, Princeton, ME 04668 Telephone Number: 207-796-5503 Email Address: scrfhc.cal@hotmail.com

VOLUNTEERS NEEDED

Oasis Free Clinics are seeking volunteer providers for our newly expanded dental program in Brunswick. Help us make a difference by giving of your time at our brand new clinic with two new operatories, digital x-rays and electronic records. We provide free adult dental care to prescreened patients and our staff dental assistant will help make your experience be a positive one. We will help retired dentists with licensing and insurance. To learn more, visit us at www.oasisfreeclinics.org or contact Dr. Jack Bauman at jjbauman@comcast.net or Dr. Rick Elsaesser at rselssaesser@gmail.com.

EQUIPMENT, INSTRUMENTS FOR SALE

Practice sold. Assistant stools, lab equipment and supplies, triturators, oral surgery and operative instruments, etc. For more information, call 603-686-9507 or email cmvermette1821@gmail.com.

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Phone 207-622-7900 Fax 207-622-6210 E-mail lknowles@medental.org





JANUARY 24 - 28, 2018
EXHIBITS: JANUARY 25 - 27, 2018
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Speaker Sneak Peek



Barbara Bancroft, RN
General Health



Martha Ann Keels, DDS, PhD
Pediatrics



Debra Engelhardt-Nash
Practice Management



Stanley Malamed, DDS
Medical Emergencies



Theresa Gonzales, DMD
General Health



Uche Odiatu, DMD
Nutrition



Kenneth Hargreaves, DDS, PhD
Endodontics



Jeffrey Rouse, DDS
Sleep Apnea

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