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Life is 10% what happens to me and 90% of how I react to it. - Charles Swindoll



The Maine Dental Association exists to: improve and maintain the oral and overall health of the people of Maine; serve the dentists of Maine, collectively and individually; and represent the American Dental Association at the state level.

MDA 2016 Annual Convention *Reach Out and Touch Your Community*

It's time to start thinking about the MDA Annual Convention. It's only six months away - June 10-11, 2016 at the Samoset Resort in Rockport, Maine. Take time to enjoy the Samoset this year as next year's convention will be held in Bar Harbor, June 2-3, 2017.

Pre-Convention:

The **MAOMS course** with Dr. Mark Lerman (*Oral Malignancies and Mimics*) will be held on Thursday, June 9. See page 10 for more information.)

The **CNA Risk Management Seminar** will again be held at the Samoset on Thursday, June 9 from 12:30-5:00 pm.

Convention:

The **Friday CE** with Dr. Harold Crossley (*Street Drugs Exposed - What Your Patients and Your Kids ARE NOT Telling You!*) is part of both the dentist and hygienist Package Plans. Registration will also be open to all dental team members and guests. You must be 18 years of age or older to attend. There will be **no** exceptions.

The **MAO annual lecture** with Dr. Harry Legan will also be held on Friday (For more information see page 5.)

The **Saturday CE** with Dr. Crossley (*Want Clues to Your Patient's Health: Look at Their Medications*) is part of the dentists' Package Plan only. Registration will also be open to all dental team members and guests.

A Dental Student/New Member **Lunch & Learn** (*Dental Practice Finance 101 - The Road to Practice Ownership and How to Handle Post-Graduate Debt*), open to all MDA members, will be held from 12 noon to 1:45 pm on Saturday with Edward Nunes.

Watch for the MDA convention brochure with registration form and the CNA registration to be mailed in early February. It will also be posted on the MDA website - www.medental.org.

Plan ahead now for these very informational seminars.



Dr. Jonathan Shenkin Appointed to ADPAC Board of Directors



Dr. Jonathan Shenkin of Augusta was appointed to a 4-year term to the ADPAC board of directors, commencing at the close of the 2015 ADA House of Delegates. ADPAC is responsible for collecting donations from ADA members, and uses these resources to support members of Congress who are strong advocates of dentistry. ADPAC has 17 board members, one from each district of the American Dental Association, as well as representatives from the Academy for General Dentistry, ASDA and several specialty groups. ADPAC is the second largest healthcare PAC in Washington, DC and relies on the generosity of member dentists in maintaining its influential position. Dr. Shenkin is a past President of the Maine Dental Association, and past Vice President of the American Dental Association. He also served on the ADA Council on Communications, which he Chaired from 2012-2013.

Thank You

The Maine Dental Association would like to thank Dr. Jeff Dow and Dr. Jonathan Shenkin for their service to the American Dental Association on behalf of the entire First District. Dr. Jeff Dow recently completed his term as First District Trustee. Dr. Jonathan Shenkin recently completed his term as Vice President of the ADA and currently serves as the ADA Long Term Delegate.



Dr. Jeffrey Dow



Dr. Jonathan Shenkin

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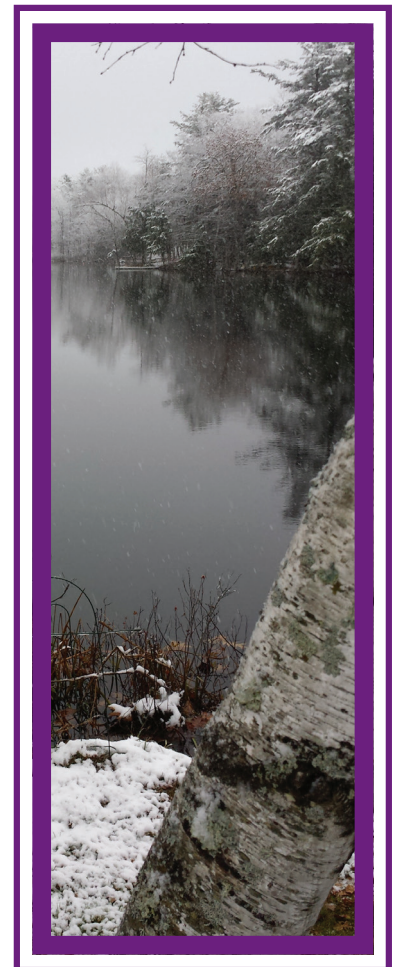


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Skis, Snowballs, Ice Skates, and ... Kid's Teeth?

Winter is a big part of living in Maine. Hopefully you have found some pastime, indoors or out, to enjoy during these months. This is also the time of year we focus on kid's oral health. February 2016 is the 75th year of the National Children's Dental Health Month program. Started in 1941 as a one-day event in Cleveland, Ohio, this annual initiative has become a nationwide effort sponsored by your ADA. There are free materials available on the ADA website for helping promote the month in your community.

Working in a community health setting, I can attest to multigenerational patterns of good or poor oral health in families. We have all seen habits, expectations, and concern – or lack thereof – for oral health pass from parent to child. As dentists, we serve a very important role of reinforcing good patterns and trying to break bad cycles of disease. Helping a child begin life with healthful practices is a wonderful impact we can have towards promoting health.

Coming up in the next few weeks there will be at least 7 "Give Kids a Smile" events in the state. These events seek to provide education, foster goodwill, and provide free care to those in need. I encourage you to volunteer or support the volunteers of a GKAS event.

Wouldn't it be great if our association's "brand" was instantly connected, in the public eye, to events like this that seek to improve our community's health? Imagine how much easier that would make our public relations campaigns at the statehouse – or how just being a "MDA Dentist" would generate goodwill for your office.

While not all practices and providers are comfortable or setup to seeing young patients, I hope that we can have a unified message to caregivers. The basic standard of care is to recommend the first dentist visit by age one, yet some families are still being given conflicting information by various people in dental offices. I urge you to find the offices, if you don't already, that accept these youngest patients in your area. Your patients will thank you.

Together we can help break cycles of poor oral health. We can make a difference in our community and help promote warm happy smiles even in the middle of winter.

Cheers!

Timothy Oh, DMD
TOh@caringhandsofmaine.org

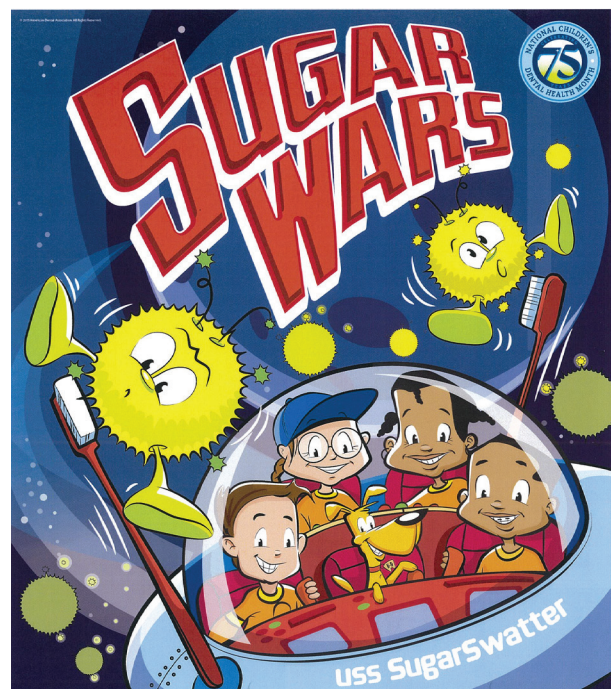
Helping Children Through Give Kids A Smile

Be a part of the GKAS movement!

Through the ADA Foundation's Give Kids A Smile program, launched nationally by the American Dental Association in 2003, more than 5 million underserved children have received free oral health services. These free services are provided by approximately 10,000 dentists annually, along with 30,000 other dental team members.

Each year Give Kids A Smile day is celebrated nationally on the first Friday in February. GKAS events are intended to be touch points for children who do not receive dental care, for whatever reason. The ultimate goal for a GKAS program should be to establish a dental home for these children - in other words, provide continuity of care.

To download posters and for more information go to: <http://www.ada.org/en/public-programs/national-childrens-dental-health-month>



ADA.org/ncdhm
Brush two minutes, two times a day.
Clean between your teeth daily.
Limit snacks, eat healthy meals.
Visit your dentist regularly.

ADA Foundation
American Dental Association
America's leading advocate for oral health

2min2x!
Brush 2 minutes 2 times a day
AND eat healthy for
a healthy smile!

Just One More ...For Our Foundation

A recent article in the local newspaper recognized the Monmouth Academy girls' soccer coach as the Coach of the Year for building a championship team. His formula for success was predicated upon one simple request, just one more; just one more sit-up, just one more jumping jack, just one more sprint drill, just one more.....!

Our MDA Charitable Foundation would like to ask you to consider doing just one more prophylaxis, or just one more restoration, or just one more extraction and contribute the proceeds to our own Charitable Foundation. Collectively and quietly, our MDA members have been building a rather substantial Foundation that has been contributing to dental school scholarships, aid to community health facilities, subsidies for clinics offering oral health care for residents and veterans in need, and equipment upgrades at community based dental clinics. We can and will do more but only as we grow our Foundation. So, we're asking for your help to do one more treatment procedure to benefit our Charitable Foundation.

Incorporated in 2008 we are considered by state law to be a 501(c)(3) charitable corporation duly registered in the state of Maine. To help administer and grow these funds, our MDA leadership wisely created a Charitable Foundation to allow us to grow as a "public benefit" corporation. Currently, our investments are generating approximately \$30,000.00 of annual income for philanthropic distribution benefiting dentistry here in Maine.

As always, thanks to all the "trail blazers" like Dr. Alva Appleby who came before us for having the wisdom, foresight, and generosity to position our Foundation where it is today. If you missed the opportunity to donate your voluntary tax deductible contribution as it appears on your annual dues statement, please consider an annual donation.

Contributions can be made year round to: MDA Charitable Foundation
P.O. Box 215
Manchester, ME 04351



Bills for the 2016 tripartite membership dues (ADA, MDA and local component society) have been mailed. Payments are due January 1, 2016.

If you retired in 2015, or plan to retire by March 31, 2016 and have not yet notified the MDA, please do so as soon as possible. It is necessary for members to complete an Affidavit for Retired Membership to allow the Central Office to change your dues rate.

Please be patient if your dues check / credit card payment doesn't clear your bank as soon as you might expect. The Central office will attempt to process the payments as quickly as possible. Thank you for your patience and understanding.

Take note: Please complete the contact information form included with your dues bill. This will help us to place the contact information of your choosing in the next MDA Roster.

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Kathleen A. Sukley ■ 855.USI.0123 ■ 207.239.3662
Kathleen.Sukley@usi.biz

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Legislative Snapshot

We need your help in opposing LD 1514 An Act to Conform Maine Law to the Requirements of the American Dental Association's Commission on Dental Accreditation.

Maine Legislators spent nearly 2 years debating the dental hygiene therapy law that passed in 2014. The Legislature enacted and Governor LePage signed a law they believed was in the best interest of Maine citizens. Since then, no other states have passed a law authorizing dental therapists.

The accreditation standards for dental therapy outline what the Commission on Dental Accreditation (CODA) regards as the minimum educational standards necessary to train a dental therapist. States are free to define the curriculum beyond what is required in the CODA standards, and programs are free to teach beyond the standards.

Furthermore, states have the authority to define scope of practice, requirements for supervised clinical practice, and levels of supervision.

LD 1514, eliminates the **direct supervision** provision in the law authorizing a dental hygiene therapist (DHT) – if the bill passes, a DHT would be allowed to perform irreversible surgical procedures such as drilling, filling and extracting teeth without the on-site supervision of a dentist.

Legislators need to understand – only dentists are qualified to diagnose dental disease.

A dentist must actively participate in the patient's diagnosis and treatment planning, and following any surgical or irreversible procedure performed by a DHT or other member of the dental team, a dentist must examine the patient.

The Maine Legislature's Joint Standing Committee on Labor, Commerce, Research and Economic Development will hold a **public hearing on LD 1514** in the near future.

Please **don't** allow important decisions about the practice of dentistry to occur without **your** input. **Your** willingness to share your experience will make all the difference. **Call or email LCRED Committee Members today and tell them why you oppose LD 1514.**

Committee Members	Email	Telephone
Sen. Amy Volk	amy.volk@legislature.maine.gov	(207)-883-1963
Sen. Andre Cushing	andre@andrecushing.com	(207)-449-1358
Sen. John Patrick	senjohnpatrick14@gmail.com	(207)-364-7666
Rep. Erin Herbig	Erin.Herbig@legislature.maine.gov	(207)-542-7654
Rep. Anne-Marie Mastraccio	Anne-Marie.Mastraccio@legislature.maine.gov	(207) 324-8692
Rep. Paul Gilbert	Paul.Gilbert@legislature.maine.gov	(207)-897-5143
Rep. Ryan Fecteau	Ryan.Fecteau@legislature.maine.gov	(207) 289-4478
Rep. Dillon Bates	Dillon.Bates@legislature.maine.gov	(207) 570-1075
Rep. James Campbell	James.Campbell@legislature.maine.gov	(207)-793-2396
Rep. Susan Austin	Sue.Austin@legislature.maine.gov	(207)-657-4100
Rep. Karlton Ward	Karl.Ward@legislature.maine.gov	(207) 843-7546
Rep. Lawrence Lockman	Lawrence.Lockman@legislature.maine.gov	(207) 584-5900
Rep. Joel Stetkis	Joel.Stetkis@legislature.maine.gov	(207) 399-7801

Save the Date

**February 25, 2016
MDA Legislative Night
5:30-8:00 pm
Senator Inn, Augusta**

MAO Annual Lecture and Meeting at the Samoset

Greetings fellow members of the Maine Association of Orthodontists.

It's time to take a break from correcting malocclusions and skeletal disharmony to...learn more about correcting malocclusions and skeletal disharmony. Our annual lecture and meeting will be held at the **Samoset on June 10th, 2016**. Our **speaker this year will be Harry Legan, DDS**. Dr. Legan's studies have focused on diagnosis and treatment planning, biomechanics, obstructive sleep apnea, orthognathic surgery, biomechanics and distraction osteogenesis. He was a full time academician with the University of Texas Southwestern Medical School, West Virginia University School of Dentistry, and was the founding professor and Chairman of Orthodontics at Vanderbilt University Medical Center. We are very honored to have him join us in Maine.

There will be **6 CE credits** offered for the day. **Registration is at 8:30 am**, and the lecture starts at **9:00 am**. The cost is **\$200 for Orthodontists**, and **\$75 for orthodontic staff** who would like to attend the lecture. **Lunch is included for doctors only as the M.A.O. annual meeting will be during lunch from 12:00 - 1:30 pm.**

Please send checks to **"MAO c/o Brian Morin" 325-D Kennedy Memorial Drive, Waterville, ME 04901**. We're looking forward to seeing you all in Rockport!

June 10, 2016 - Samoset Resort, Rockpot, Maine
Registration: 8:30 am – Lecture: 9:00 am
Lunch included for doctors
\$200 - Orthodontists \$ 75 - orthodontic staff

MDA Will Host Booth at Yankee



The Maine Dental Association will again be hosting a hospitality booth/lounge area on the exhibit floor at Yankee Dental in Boston, January 27 - 31, 2016. The booth will be open most of the hours that the exhibits are open January 28-30.

The booth will provide a place for members and guests to rest and relax, have a beverage, and make connections with old friends or team members during the busy days of walking around the vast Yankee exhibit space. The MDA will also be hosting a reception with light refreshments late Friday afternoon, so save some time to drop by to say hello to MDA President Timothy Oh and other members of the MDA leadership.

The MDA is looking for volunteers to host booth times at Yankee. If you are willing to volunteer to host an hour or two at the MDA booth, please complete and return the form below as soon as possible.

If you would like to be an MDA booth volunteer at the 2016 Yankee Dental Congress, please complete and return the form below as soon as possible.

Mail to :
MDA, PO Box 215, Manchester, ME 04351 or
fax to MDA: 207-622-6210

If you have questions please call the MDA Central office.

MDA Booth Volunteers

AVAILABLE HOURS

__ Thursday Host / available hours: _____

__ Friday Host / available hours: _____

__ Saturday Host / available hours: _____

Contact Information:

NAME: _____

Phone: _____ Home or Office?

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Best time for contact: _____

Special Notes/Comments: _____



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My First House of Delegates Experience

Peter J. Drews, DDS, MAGD, MDA President-Elect



I recently had the opportunity to represent Maine at the House of Delegates during the ADA's convention in Washington DC. Unfortunately, as a state, we only get two votes in the nationals regarding any dental issues. "So does my vote really matter?" Actually, it does. President Hayes secured his place in the White House by just one Electoral vote. So, yes, use your right to vote, because every single one of them counts. Otherwise, you lose your right to complain. I like to complain; therefore I will always be at the polling stations.

What I find most concerning, certainly for the long term growth and advocacy of our profession, is the lack of younger members attending and providing a collective voice to the issues that matter and affect all of us in our daily practice. With so many things that are impacting our profession, from the Mid-Level Provider to positive member benefits where the ADA is looking to lower financing costs of student loans, the majority of the demographic (think 'cruising towards retirement at The Villages') that is attending our national meetings are not going to best represent the challenges of practicing dentistry in the current climate.

I understand the struggle to find a balance between staying involved with professional organizations, keeping up with CE's, running a business, as well as trying to have a life to avoid burn out as a result of the aforementioned responsibilities and obligations. Believe me, it can be hard to justify taking just one day (let alone three) off from production, when you have student loans, and business loans hanging over your head, and it also just happens to be payroll week. Having attended some of these meetings, I too, get frustrated when I feel like there is a lot of "fluff" that wastes my time, if things could be better condensed, meaning less time off work, I'd be more willing to show up to open my mouth about the big issues. However, the only way this is going to happen is if more people (with big mouths) also show up.

As dentists in Maine, we are fortunate to have some very articulate, intelligent and dynamic individuals at the national level of the ADA. Our biggest advocates include Jeffrey D. Dow, DMD (who just completed his term as First District Trustee), and Jonathan Shenkin, DDS, MPH (who just completed his elected position of second Vice President of the ADA), who provide much analysis and sound logic to some very 'hot button' issues. I will admit that the ADA is beginning to make strides to do away with the "Good Old Boys Club", the ADA Executive Director, Kathleen T. O'Loughlin, DMD, MPH points out some of the archaic rules even to join the organization-remember when you needed to collect signatures from ADA dentists to join the organization? I cannot argue with someone who wants to streamline the dissemination and communication of pertinent information to its members. From my time in the Navy, I do however realize that it takes a long time to turn a large ship.

This is my 'ask' to the younger generation of dentists and recent graduates; please get involved! If you are not at the table, the people representing you may not convey your message. They will vote yes to holding many and some unnecessary meetings.

"Bad politicians are sent to Washington by good people who don't vote".

- William E. Simon (63rd U.S. Secretary of Treasury)

Opioid Prescription in Maine



Approximately 40 people came together to discuss opioid prescribing practices in Maine. Those in attendance were United States Senator King, Maine State Senator Haskell, Maine State Senator Brakey, Representative Gattine, physicians, nurses, clinicians and community members.





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January 15, 2016 & February 19, 2016

Domestic Violence Awareness & Clinical Screening Best Practices (2 credit hours)

Julia Teitel & Regina Rooney. This course will be conducted on a regional basis throughout the state. The instructor may change but the content will remain the same.

***September 16, 2016**

Components of Vitality – Stress & Resilience – Nutrition for Oral & Overall Health – How Can You as a Dental Professional Support Your Patients in these Areas (6 credit hours)

Annie Kay, MS, RDN, LDN, RYT500 [DoubleTree by Hilton, Portland, Maine]

September 17, 2016

Mindfulness for Behavior Change (1.5 credit hours)

Annie Kay, MS, RDN, LDN, RYT500 [DoubleTree by Hilton, Portland, Maine]

September 17, 2016

Yoga & Dentistry (1.5 credit hours)

Dr. Sarah Rossignol [DoubleTree by Hilton, Portland, Maine]

September 17, 2016

Herbs Your Patients Could Be Taking and How it Affects the Treatment You Provide (1.5 credit hours)

Presenter - TBA [DoubleTree by Hilton, Portland, Maine]

October 14, 2016

Dental Sleep Medicine (6 credit hours)

John Nadeau, SGS Vice President [Togus VA]

November 4, 2016

Profession Ethics & Questions/Problems Facing Dentists as Employers (6 credit hours)

Christopher Taintor, Esq & Kelly Hoffman, Esq. [Togus VA]

***December 9, 2016**

Geriatric Oral Health Care (6 credit hours)

Dr. Leonard Brennan [Togus VA]

***April 21, 2017**

Diabetes and Oral Health (6 credit hours)

Dr. John Devlin [Togus VA]

***June 2, 2017**

The Fire Within: Nutrition and Lifestyle Approaches to Chronic Inflammation (6 credit hours)

Dr. Tieraona Low Dog [MDA CONVENTION 2017 - Bar Harbor, Maine]

June 3, 2017

The Christensen Bottom Line: the Areas of Dentistry With the Most Change (6 credit hours)

Dr. Gordon Christensen [MDA CONVENTION 2017 - Bar Harbor, Maine]

Yellow / Dentist Package Plan courses

*Hygiene Package Plan

September 17th - \$50 each for course or all 3 for \$125

MAOMS at the Samoset June 9

Oral Malignancies and Mimics with Mark A. Lerman, D.M.D.
6 hours of Category I licensing credit.

Oral health care providers who do not routinely encounter significant pathology often struggle to balance the risk of unnecessarily alarming patients who have innocuous conditions with the risk of delaying the diagnosis of malignancies. Over six hours, this course offers a review of fundamental oral pathology for general dentists, dental specialists, dental hygienists, and staff to help them distinguish benign from malignant lesions, and to assess when patients may be appropriately managed without referral or are better-served with further evaluation.

The morning session focuses on common differential diagnoses with a clinically-relevant emphasis on coloration. Red lesions, white lesions, and variously-colored pigmented lesions will be discussed to help identify benign and malignant pathology with approaches to treatment. Multiple etiologies will be addressed, including infections, autoimmune-diseases, developmental lesions, and neoplasia.

The second half of the program includes a discussion of the most clinically significant oral cancers and potentially malignant lesions. This will include a review of oral squamous cell carcinoma and its risk factors, both old and new, and analyze the literature evaluating newly-developed adjunctive diagnostic techniques.

Dr. Mark Lerman earned both his B.A. in history and his D.M.D. from Tufts University in Massachusetts. After completing a general practice residency in dentistry at Harvard University and Brigham and Women's Hospital, he underwent his oral pathology training at New York Hospital Medical Center of Queens in New York City. He was on the faculty at the Harvard School of Dental Medicine for eight years, where he was appointed as an assistant clinical professor, and he is a diplomate of the American Board of Oral and Maxillofacial Pathology and a fellow of the American Academy of Oral and Maxillofacial Pathology. He currently serves as the Division Director of Oral Pathology and an associate professor at the Tufts University School of Dental Medicine, where he divides his time between teaching, clinical practice, and an active oral pathology biopsy service.



June 9, 2016 - Samoset Resort, Rockport, Maine
Registration: 8:30 am – Lecture: 9:00 am
Lunch included \$25 per person
For more information or to register:
Dr. Rick Crawford
12 Drive In Ln
Windham, ME 04062

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MDA Mentorship Program



Building Up the Next Generation of Dentists in Maine...

Greetings and Happy New Year!

My name is Lindsey Cunningham, and I am a first-year dental student at the University of New England College of Dental Medicine (UNE CDM). My classmate, Rebekah Reed, and I are collaborating with our faculty to establish a mentorship program between UNE CDM students and Maine dentists.

Rebekah and I both started our careers in dentistry as dental assistants, and we have 20 years of combined experience. We know that not all of our classmates share this extensive dental background, so we hope to have as many real life dental experiences as possible while in dental school. We believe that a strong dental mentorship program will help our classmates build a firm career foundation.

We would like to partner with the MDA to establish this mentorship program between Maine dentists and third- and fourth-year UNE CDM students. Students would benefit from having a dentist to ask for advice as well as the chance to build a professional network. Maine dentists would likely enjoy having the opportunity to pass on their knowledge to the next generation. This would also give dentists who are not associated with externship sites the opportunity to interact with UNE students. We think that this type of relationship would encourage UNE CDM students, with a newly established dental network, to stay in Maine and help address the shortage of dental providers in the state upon graduation.

Personally, Rebekah and I chose to move from our homes in Colorado and California and attend the UNE CDM because we knew there was a high need for dentists in Northern New England. We think a lot of our classmates, whether locally raised or "from away," feel the same. Our goal for the mentorship program is to open the doors for communication now so that students know what their options are for the future. ***In line with our school's mission, we hope to improve the health of Northern New England!***

If this is something that you are interested in please contact Rebecca Carr, Assistant Director of Community-Based Education, at: rcarr@une.edu. We will keep you up to date as this program becomes established!

Thank you and we look forward to meeting many of you in the future!



Lindsey Cunningham



Rebekah Reed



2015-2016 MDA Package Plan

✓ **September 25, 2015** –Dr. Andrea Ferreira Zandona
Dental Caries Management * (Togus)

✓ **October 23, 2015** –Dr. Thomas Rams
Periodontal Anti-Infective Therapy (Togus)

✓ **November 13, 2015** –Dr. Steven L. Rasner
Oral Surgical Procedures for the General Dentist (Togus)

✓ **December 11, 2015** –Dr. Harvey Levy
Successful Management of Anxious & Special Need
Patients * (Togus)

April 22, 2016 –Dr. Mark S. Wolff
New Roles for the Dentist in the Healthcare System *
(Togus)

June 10, 2016 –Dr. Harold Crossley
Street Drugs Exposed – What Your Patients and Your
Kids Are NOT Telling You* (Samoset, Rockport)
(Must be 18 years of age or older to attend – no exceptions)

June 11, 2016 –Dr. Harold Crossley
Want Clues to Your Patient's Health: Look at Their
Medications (Samoset, Rockport)

*Hygienists' Package Plan

(All courses are Category 1 credits for Maine licensure)

Individual Registration Forms are posted on the MDA
website (medental.org) under Continuing Education.

Note:
Sign up for the April 22 Package
Plan CE. The form is on MDA
website. medental.org

MDA Mission Statement

The Maine Dental Association exists to:

- ▶ improve and maintain the oral and overall health of the people of Maine;
- ▶ serve the dentists of Maine, collectively and individually; and
- ▶ represent the American Dental Association at the state level.

In the News

HELLO

New Members

Dr. Jameson Hardy
766 Stillwater Ave
Bangor, ME 04401
P=207-942-1442

Dr. Jung-Keun Kim
Gentle Dentle
127 Topsham Fair Mall Rd
Topsham, ME 04086
P=207-729-3515

Dr. David Miller
1048 Union St
Bangor, ME 04401
P=207-992-2152

Dr. Thomas Pastor
44 North Rd
Bethel, ME 04217
P=207-824-3378

Dr. Terrin Porter
Bangor Children's Dentistry
One Cumberland PL, Ste 116
Bangor, ME 04401
P=207-974-3018

Dr. Marcus Wilkerson
Bangor Children's Dentistry
One Cumberland PL, Ste 116
Bangor, ME 04401
P=207-974-3018

Dr. Michelle Tsao
716 Stevens Ave, Goddard Hall
Portland, ME 04103
P=207-221-4569

Dr. Brad Woodford
72A Broadway
Bangor, ME 04401
P=207-945-6324

New Member Corrections

Dr. Ainslee Flavell
All Smiles Dental
2 Wellspring Rd
Biddeford, ME 04005
P=207-284-5957

Dr. Benjamin Lawlor
5 South Main St
Brewer, ME 04412
P=207-989-0819

Roster Corrections

Dr. Erik Johnson
O=207-554-5045

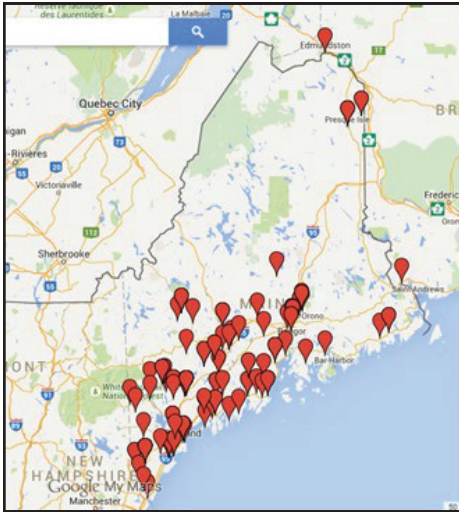
Dr. Jenna Pulkka
568 Lisbon St STE 1
Lisbon Falls, ME 04252
O=207-407-4301
F=207-407-4369

SUDOKU PUZZLE

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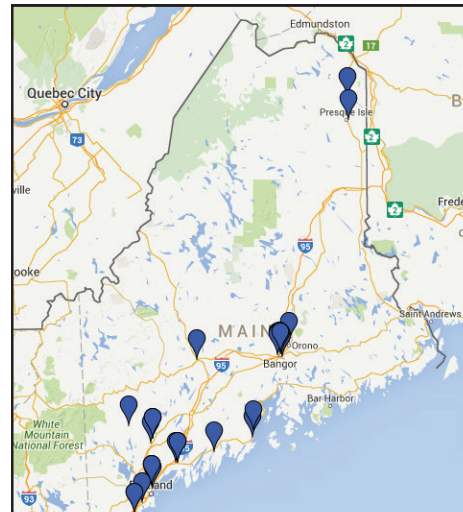
		4		2				5
		2			8		9	4
9					3		6	
7			9		1	3		
4							1	
		1	8		5		7	
	5			9		6		
1			3				5	
8	7		5			2		

What's wrong with these pictures?



Too Many Patients

Vs.



Too Few Dentist Volunteers

Maine needs DDS volunteers!

The Donated Dental Services (DDS) program matches volunteer dentists and specialists with people with disabilities, or who are elderly or medically fragile and cannot afford treatment. Volunteer for **just one case** — imagine the impact!

- ◆ **161** screened applicants in desperate need and waiting for DDS treatment.
- ◆ Among **574** MDA members, only **177** are DDS volunteers and 88% of them are currently seeing patients.
- ◆ No lab costs or extra paperwork.
- ◆ See **ONE** patient per year. Your schedule. Your office. Your plan.

CONTACT:
ANN CARON,
DDS COORDINATOR

Phone: 207-620-8276
Fax: 207-626-2946
E-mail: acaron@DentalLifeline.org
Or www.DentalLifeline.org and click "Volunteer"

Volunteer now!
Let's close the gap!



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Classifieds

PRACTICE FOR SALE

Mid-Coast Maine - Mature General Practice with 4 ops. Commercial Real Estate available for purchase, room for expansion or ability to lease. Extremely profitable (close to 50% net) with strong prospects for growth. Over 1600 active charts. Very desirable location adjacent to US 1. Please call Henry Schein Professional Practice representative Tyler Russell for details at 617-447-8760. #ME101.

PRACTICE FOR SALE

Lakes Region of New Hampshire - Practice in a 4 years young stand-alone building! All equipment within 5 years old. Strong restorative and crown/bridge practice. Dynamite hygiene program. Practice has 4 ops as well as full break room, exercise room, shower, and full parking lot behind building. For details contact representative: Tyler Russell at 617-447-8760 or tyler.russell@henryschein.com. #NH101

PRACTICE FOR SALE

New Hampshire Seacoast - 3 op practice located in desirable area on seacoast close to Portsmouth. R/E also available. Ideal for growth-minded dentist. Contact Henry Schein Professional Practice Transitions representative, Tyler Russell, 617-447-8760, tyler.russell@henryschein.com. #NH102



Have life's challenges got you down?

If use of drugs (including alcohol) or other compulsive behaviors have become a problem for you, help is just a phone call away. The Medical Professionals Health Program can provide you with confidential guidance to help you, a friend or colleague with substance use issues. Please call the number below for assistance or for more information. Eligible professionals include: physicians, physician assistants, dentists, hygienists, denturists, nurses (all licensed), pharmacists and veterinarians.

*** Medical Professionals Health Program
(207) 623-9266 ***

Multi-professional Peer Support Group Meetings

These weekly confidential meetings (Caduceus Groups) are mutual peer support meetings for the health professionals listed above who are experienced with recovery for chemical dependency, addictive behaviors and/or other medical or mental illness, including depression. Please call the contact number listed for more information.

PRESQUE ISLE: Thursday at 7:30PM - Aroostook Medical Center,
Nat: (207) 551-2171

BANGOR: Monday at 7PM - Acadia Hospital - Osprey Room,
Patti: (480)221-9776

CALAIS: Thursday at 7:15 PM - Surgical Services Office, 15 Palmer St.,
Dave: (207) 461-8724

FARMINGTON: Tuesday at 5:00 pm - UMF - Education Bldg, Rm 322
Jen: (207) 272-4449 Jack:(207) 578-0232

LEWISTON: Tuesday at 7PM - New Wing St .Mary's Hospital Front Lobby,
Julie: (207) 784-2985

PORTLAND: Wednesday at 7PM - Mercy Hospital Level B2 Upper Aud.,
Don: (207) 651-7008

PORTSMOUTH, NH: Monday at 7:30PM - Portsmouth Ballroom,
Laura: (603) 534-2372

Classifieds

ASSOCIATE WANTED - FULL or PART TIME

Busy adult restorative practice in Bangor. New, state-of-the-art facility emphasizing comprehensive care along with a high level of patient service. Upbeat and motivated team with a high level of staff and doctor training. Send cover letter and CV to Creative Dental Solutions, 1407 Broadway, Bangor, ME 04401.

ASSOCIATE GENERAL DENTIST WANTED

An amazing opportunity for a general dentist to work as an associate in an established, friendly, successful practice. Excellent compensation package for the right individual with opportunities for loan repayment and housing assistance. Please email resume to: careers.workwell@gmail.com.

DENTIST

We have an opportunity for a general dentist, pediatric dentist, or oral surgeon to join our high quality, busy practice. Please call 207-233-1393.

GENERAL PRACTICE FOR SALE

Beautiful, productive Lakes Region of Maine general practice for sale. With apx. 200 ft. of lake front, your patients are certain to enjoy the spectacular views from this office. This practice has been part of the community for 45 years. The design provides a quality atmosphere to impress your patients. Five updated and well equipped treatment rooms, CEREC, digital radiographs, Panorex, an average of 20 new patients per month and growing. Eaglesoft operating system. All systems are in place and ready. This is a solid community based practice. The property comes with a great 3 season 2 bedroom camp with two ¾ baths, located feet from the lakeside. Call PARAGON for additional details. Michele DesMarais
603-455-8848 cell 603-528-5160 office
michele@paragon.us.com

LOOKING TO BUY A GENERAL DENTIST PRACTICE

I'm an associate looking to buy a general dental practice. I would like to be within an hour from Portland. Please email me if you are interested in selling. sopodentist@gmail.com

DENTIST SEEKING PART-TIME POSITION

Pediatric Dentist with thirty+ years experience in private practice, FQHC, and O.R., who loves kids of all ages, especially those with "special needs," is seeking a part-time position (one day per week +/-). Please call "Dr. Linda" at 207-966-2676. Thank you!

REFERRING EXTRACTIONS?

Consider keeping extractions in house and having a contractor come to you. I am a private practitioner who is comfortable with both surgical and non-surgical extractions. Enlist my help at your own practice on a routine basis or as needed. At a minimum, I would provide my own liability insurance, assistant and instruments. All terms are negotiable in order to make this a profitable arrangement for both parties. Please feel free to reach out with any questions. (207) 307-1793 or Contractdentalservices@gmail.com Thank you for your consideration.

ASSOCIATE GENERAL DENTIST WANTED

All Smiles Dental in Biddeford, Maine is seeking an additional FT/PT associate dentist to provide general dentistry starting late spring of 2016. Excellent salary and benefit package. E-mail resume and CV to Peterasd@maine.rr.com or mail to 2 Wellspring Rd., Biddeford, ME 04005.

GENERAL DENTIST

Katahdin Valley Health Center (a Federally Qualified Health Center) is seeking a General Dentist to staff the Dental Site at our newly acquired Brownville ME Clinic and our current Millinocket ME Clinic. We are looking for a Dentist who will help us provide quality dental health services to the people of this region. We offer a competitive salary and benefits package which includes a sign on bonus, generous amounts of paid time off, health insurance, life and disability insurance as well as FTCA malpractice coverage and much more. Dentist joining the KVHC are eligible to apply for NHSC Loan Repayment! For more information visit www.kvhc.org or contact Shellie LeFay, 1-866-366-5842 or mlefay@kvhc.org. Katahdin Valley Health Center is an Equal Opportunity Employer.

EXPERIENCED DENTIST

Opportunity for experienced dentist to provide comprehensive dental health care in our Western Maine Dental Health Centers. Community Dental is a dynamic organization with competitive salaries and generous benefits providing opportunities to practice in a diverse, patient-centered environment and mentor students and/or residents. Our centers are located in some of the most beautiful regions of Maine with all-season recreational opportunities. For more information visit www.communitydentalme.org. Send CV to janet.adams@communitydentalme.org.

To My Colleagues

Anesthesia Services are Available for:

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- Gagging Problems
- Fearful patients
- Local Anesthesia Difficulties
- Multiple Procedures in One Appointment

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Diplomate A. D. B. A.

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Call the ADA at
1-800-621-8099

Call the MDA at 1-800-369-8217

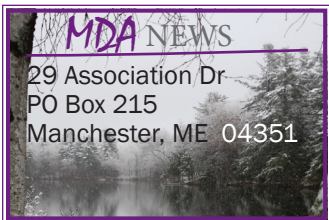
Fax the MDA at 207-622-6210

Email the MDA at
info@medental.org

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Phone 207-622-7900 Fax 207-622-6210 E-mail info@medental.org





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TOP SELLING COURSES

Thursday, January 28

SECOND ANNUAL INTERPROFESSIONAL SYMPOSIUM

The Cause and Effect of Chronic Inflammation [Body on Fire](#)
118TL 8:00 am - 12:00 pm
 Thomas Trowbridge, DDS, MD, Moderator
 Harmony Allison, MD • Andrew Greenberg, MD
 Joel Mason, MD • Paul Ridker, MD

Impact of Periodontal Disease
132TL 8:00 - 11:00 am [Body on Fire](#)
 Thomas Van Dyke, DDS, PhD

Friday, January 29


Forever Young: Taking Care of #1
423RL 8:00 - 11:00 am [Body on Fire](#)
 Barbara Steinberg, DDS

The Savage Front Desk: An Entire Team Approach!
435RW 9:00 am - 12:00 pm
 Rhonda Savage, DDS

Saturday, January 30

The Body-Mouth Connection: Inflammation 911 [Body on Fire](#)
629SL 9:00 am - 12:00 pm
 Uche Odiatu, DMD

Some Days You're the Pigeon, Some Days the Statue
630SL 9:00 am - 12:00 pm
 Dave Weber



Register Today | yankeedental.com | 877-515-9071 | CONNECT WITH US